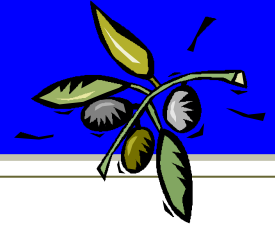


# AREA OUTLOOK

IDAHO AREA 13 AL-ANON / ALATEEN NEWSLETTER

Summer 2011  
Volume 39, Issue 2



Idaho Area Website: <http://www.al-anon-idaho.org/>  
WSO Members Website: <http://www.al-anon.alateen.org/members/>

## Al-Anon Area Assemblies On Our Own

By Cecilia S. Area Registration

When I was new in Al-Anon a lot of times, I would hear Al-Anon members say, "You have to fake it until you make it," and in the beginning, I didn't like that saying. One day, I talked to my sponsor and told her I was surprised Al-Anon members would use such a term, because "faking" something means being unauthentic or phony. My sponsor explained to me that for us to get new and different results, we have to do new and different behavior; and this new and different behavior will feel unfamiliar to us, but through practice and success we will come to realize our new desired results.

I have gain so much from Al-Anon service; over and over, I have set an imaginary bar (in my mind) of what I think "success" would be; this is usually based on numbers or money made, etc... I believe the steps, the traditions and the concepts align us spiritual. And what I consistently see is results beyond all of my expectations. This was especially true for me at our first area assembly on our own.

When I volunteered to be the Area Registration Chair, I thought, I hope at least 50 members come to the assembly in Coeur d'Alene, but wouldn't it be amazing if 70 members came. I hope members aren't disappointed in the facility and the list goes on and on; because this would mean the event would be viewed as unsuccessful. What is truly remarkable is

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our first area assembly was a wonderful success not only in numbers and money, but how the assembly felt. Members shared how this assembly really felt like their own assembly. And for the first time, the Area Committee chose the assembly date, facility, location and planned our agenda with no constraints. We even had our own registration mishap, through no fault of our own, which is explained in this newsletter on page 4.

But here are some of our numbers I'm sure our members would like to know about our first assembly.

Number of registered members: **76**  
Al-Anon member with most years: **Dottie - 44 years**  
Newest Al-Anon Member in attendance: **5 months**  
Total Al-Anon Years of Recovery: **766 years, 5 months**  
Average Years of Recovery: **about 10 years, 21 days**  
Our No Raffle, Raffle brought in: **\$881.00 - wow!**

## Treasurer Talking Points Given at the AWSC Meeting - 3/19/11

Given by Toni R. Past Area Treasurer

### 2010 Financials

The 2010 statements are provided for you to have information for year to year comparisons.

#### Account Balances

Total net worth at the end of 2010 was **\$11,178.37**.

**\$3,097.24** was in checking.

**\$500.00** was given to the new treasurer to open an Area bank account.

**\$6,579.13** was in savings.

The Asset Accounts had **\$1,000.00** for Assembly seed money (\$500 for spring assembly and \$500 for fall assembly) and \$2.00 for Boise post office box keys.

### Profit and Loss

#### Income September 27 through December 31, 2010

\$ 750.00	Raffle income from AA fall assembly
\$ 1,380.32	Al-Anon split from the AA Assembly
<b>-\$42.00</b>	Area Post Office Box for Assemblies/Alateen
\$ 200.00	District 2 Donation - thank you
\$ 250.00	District 3 Donation - thank you
\$ 749.01	Group Donations
\$ 8.35	Gem State Round Up Donation
<u>\$ 3.44</u>	Interest from Savings Account
\$3,299.12	Total income for this time period

*Special thanks to Toni R. & Paula N.  
for their financial service to Al-Anon*

## See You in Twin Falls – September 24, 2011

By Cecilia S. Area Newsletter Editor

Your Area World Service Committee is excited about our next assembly in Twin Falls, Idaho at the Red Lion Hotel. The AWSC will meet again in Boise at Kopper Kitchen on Saturday, July 30<sup>th</sup> to finalize the details of our fall assembly agenda. Remember, your Area Committee members, including your district representative are your trusted servants planning our upcoming assemblies. The Area Committee should have the fall assembly flyer/registration out shortly after the 7/30/11 AWSC meeting.

But here's the information we do have...

## Our Idaho Area Committee

### Area Officers

Delegate	Kathy B. – Midvale, ID
Alt. Delegate	Wanda L. – Coeur d'Alene, ID
Area Chair	Berta R. – Clarkston, WA
Secretary	Laura F. – Boise, ID
Treasurer	Paula N. – Pocatello, ID

### Area Coordinators

Group Records	Traci E. – Boise, ID
Forum/Literature	Robbin B. – Boise, ID
Literature Center	Mike P. – Boise, ID
Newsletter	Cecilia S. – Hayden Lake, ID

**Our Fall Assembly will be at the Red Lion Hotel**  
 1357 Blue Lakes Blvd. N. in Twin Falls  
 For reservations call; 208-734-5000  
 Group representatives are to attend  
 All members are welcome-bring someone new

The 2011 Fall Area Assembly checks will be made out to;

**Idaho Area AFG** and mailed to:

2011 Fall AFG Assembly  
 Post Office Box 3392  
 Hayden, Idaho 83835-3392

*Al-Anon Luncheon will be Parmesan Crusted Chicken Breast served on garlic and olive oil tossed penne pasta with fresh basil, roasted bell pepper and tomato sauce - served with a salad, artisan bread and dessert.*

Alateen	Barbara V. – Coeur d'Alene, ID
Archives	Ladora B. – Boise, ID
Public Outreach	Jeff M. – Colfax, WA
Web Site	Karen D. – Boise, ID

### District Representatives – DR

District 1	Barbara K. – Post Falls, ID
District 2	Kathy B. – Clarkston, WA
District 3	Terry A. – Meridian, ID
District 4	Open
District 5	Jeanne H. – Pocatello, ID
District 6	Maureen R. – Idaho Falls, ID
District 7	Nancy Jo W. – Nampa, ID

Thank you for being of Al-Anon service

*“... when presented with a situation over which I'm powerless, I no longer have to be the second victim.”*

*June 2011 Forum, page 1*



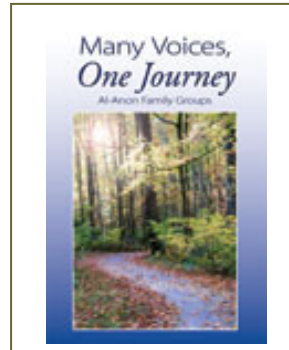
*Recovery through the steps, Unity through the Traditions and Service through the Concepts*

## Many Voices, One Journey

Al-Anon's newest book is here

***Many Voices, One Journey—Al-Anon Family Groups (B-31)***, Al-Anon Family Groups' latest book, shows how the individual Al-Anon member's journey of personal recovery and spiritual growth is reflected in the growth of Al-Anon as a worldwide fellowship. It tells how members found the courage to change as they faced the challenges in their personal lives and in the development of the fellowship.

The book is divided into short segments that can be read aloud at a meeting. Many of these segments are followed by questions for group discussion or personal reflection. ***Many Voices, One Journey*** gives readers an opportunity to experience change, growth, and recovery first-hand—not only of Al-Anon's members, but of Al-Anon itself.



*After reading Many Voices, One Journey, I have a better understanding of what happened in the past that makes the fellowship as it is today.*

### Here's what one member had to say about Many Voices, One Journey...

*"Once I finished reading the last chapter, the last page, and closed the book, I was overwhelmed with such great respect for our fellowship and how far we've come. Just as I have grown, fallen down, gotten back up, and grown some more, so has our fellowship."*

how events in Al-Anon history have helped them grow. It will show how our focus and outlook as a fellowship has evolved from discussing how to help the alcoholic, work the 12 steps (pre-Al-Anon auxiliary kitchen groups), to our own recovery. There will be information about the book on the members' website. They will have workshops and presentations available for us to use as ways to actively use the book; and we are invited to create our own as well. I'm going to get with Karen, our Area website Coordinator, to see if we can get information about the book on our Area website, as well as a link to the members' site.

We also discussed how to encourage a more active use of our literature. Mostly people talked about having literature available for sale. I'm wondering about how much the meetings you go to use our literature? I know the meeting I go to we use [Paths to Recovery](#) twice a month for our Step and Tradition meetings. I would love to hear how you use it in your meetings.

If you have any questions get them to me and I'll try to find some answers. I'll forward the call summary to you when it comes out. Tom C. said that he would answer questions that were submitted that didn't make it to our agenda. One of the topics he'll be addressing is ebooks; I'm excited to find out more.

Love in Service, Robbin

## What's New in CAL

By Robbin B. Area Literature/Forum

Hello All; I had my first conference call with Literature Coordinators from US and Canada. We had participants from PA, ND, SC, TX, and many other states, as well as Yukon Territory and Alberta Canada. Tom C. is the Associate Director of Communication—Literature and he led our call. The most important thing I wanted to pass on to you all is the information I got about our new book. *Many Voices, One Journey* (B-31) will be shipped to Literature Distribution Centers after the Delegates get to see it on April 16<sup>th</sup> at the World Service Conference; it will cost \$16. WSO is relying on the coordinators to promote the book—let the fellowship know that it's going to be available and what it has to offer. This is a recovery book (they ask that we don't call it a "history" book) that covers 60 years of how the fellowship and the members have grown and changed over the years. There are personal stories, discussion questions, excerpts from historical documents and individual sharings on

## Our Spanish Contact for Idaho

A Special Thanks to  
Isabel H. of Boise

For Responding to our Spanish Contacts  
Spanish Hotline  
208-2845377

*Make sure to include our Spanish Hotline  
number to your outreach materials.*

## Our Al-Anon Assembly Mishap

Regarding our Al-Anon Assembly registration mishap, I loved what my sponsor once said about a situation that happened to me that I was upset about; she said “*you don’t have to worry about that, it will never happen again – too weird.*” I appreciated that, because this definitely applies to this registration mishap.

This was the weird situation...we had been successful receiving spring assembly registrations and Area Alateen mail for months – 3 days before the assembly someone in the post office noticed there was an initial next to the Alateen name, but not next to the *2011 Spring AFG Assembly* or the *Idaho Area AFG* names and decided to return the last 7 registrations back to our members. There would have been nothing we could have done to predict or prevent this from happening. It was a mistake on the post office part.

I was so impress with how understanding everyone was about this situation and within two days all of the members had re-sent in their registration and checks.

Thank you - I have talked to the post office and they said they have corrected the problem. ☺

### ***How do you work the Steps, Traditions and Concepts?***

*Please help make the new workbook on Al-Anon’s three Legacies a reality. This workbook, given conceptual approval by the 2010 World Service Conference, relies on comments posted on the Steps, Traditions and Concepts blogs on our Members’ Website [www.al-anon.org/members](http://www.al-anon.org/members). Click on “Blogs” from the list on the left side of the opening page. Then click on the blog you want to write in and scroll down pass the initial sharing. Click on “Comments” and scroll to the bottom of the comments. Please follow the Guidelines under “Leave a Comment.”*

## A Moment in Al-Anon History

For the archives display at the spring assembly in Coeur d’Alene; we had archives featuring our northern Idaho’s districts one and two. I brought the files that were sent to the Idaho Area from WSO after everything had been scanned and files would either be destroyed or returned to the Area at the expense of the return postage. There are no more paper records of groups at WSO.

In our archive file folders are letters from various people wanting information on how to form a group in their city – copies of registrations and just interesting stuff.

There is a stack of forms available for group representatives to take to their group to compile a group history and history from longtime members. Keep this in your own district archives and please send a copy to me for our Area Archives.

Submitted by, Ladora B.  
Area Archives Coordinator



### **Area Donations**

Send to:

Idaho Area AFG

PO Box 4681

Pocatello, ID 83205

Payee on check: Idaho Area AFG

Memo comments: Group number, District number

*The Idaho Area Expense Form has been updated on the website to reflect this new address.*

### **WSO Donations**

Al-Anon Family Groups, Inc.

1600 Corporate Landing Parkway

Virginia Beach, VA 23454-5617

Payee on check: AFG, Inc.

Memo comments: Area 13, Group number,  
District number, Group name if not on the check.

## About the Forum

### Statement of Purpose

The Forum is the International monthly publication of Al-Anon Family Groups, a fellowship that offers strength and hope for the friends and families of problem drinkers. In the pages of this magazine, Al-Anon and Alateen members share their challenges, insights and progress along their path of self-discovery and spiritual growth much in the way that they contribute when attending Al-Anon or Alateen meetings. Such sharing is important in helping readers find personal growth and peace of mind through the Al-Anon program. The magazine also includes topics for discussion at meetings as well as news and information from Al-Anon's World Service Conference and World Service Office.

A one year US subscription is only \$11 – less than a dollar a month.

Mail subscriptions to:

AFG, Inc.

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

Or Fax Forum Subscriptions to:

757-563-1655

Online

[www.al-anon.alateen.org/members](http://www.al-anon.alateen.org/members)

Makes a Great Gift too



*A Meeting in My Pocket*

## New DVD – Al-Anon and Alateen’s Role in Family Recovery

Taken from June 2011 Forum

After many requests from Alateens, Alateen Coordinators, and Alateen Group Sponsors, a new Al-Anon and Alateen video is now available, suitable for both membership and public outreach. Available on DVD for just \$5 (order AV-31, Al-Anon and Alateen’s Role in Family Recovery), this exciting video includes interviews with both Alateens and professionals, discussing the family recovery that can happen when young people attend Alateen meetings. It is appropriate to show at schools, to groups of professionals, at service meetings, or Al-Anon events as part of an Alateen presentation. More suggestions are available from your Area Alateen Coordinator. The video gives a taste of the power of recovery. It is the hope of all involved with Alateen service

that these tools can help Alateen groups, Alateen Group Sponsors and district and Area Alateen and Public Outreach Coordinators to carry the Alateen message both inside and outside our fellowship. Alateen groups are encouraged to participate in district and Area activities to let the Al-Anon membership know that they are serious about their recovery. And remember; where there is no Alateen, younger members attend Al-Anon meetings. See 2010-2013 Al-Anon/Alateen Service Manual [P-24/27, available on the Member’s Website, [www.al-anon.alateen.org/members](http://www.al-anon.alateen.org/members)], pages 77, 82 and 83-87 for more on the relationship between Al-Anon and Alateen. As the Alateens say,

“Together We Can Make It!”

*Step Six has helped me to become an adult. For years, I had waited for someone else to make everything better for me. In this step, I was asked if I really wanted to get better. If so, I had to stop blaming others, take responsibility for myself – for my happiness, my sadness, my actions and all of my choices.*

*Alice R. AB*

*June 2011 Forum, pg 3*

## Idaho Literature Distribution Centers

### **We all know of our wonderful Literature Distribution Center in Boise Located at:**

Al-Anon/Alateen Information Service Center  
1111 S Orchard Street, Room 172  
Boise, ID 83705  
Payee on check: AAISC  
Memo comments: Group number  
Phone: 208-344-1661

*Donations are accepted & appreciated*

### **North Idaho now has a Literature Distribution Center in Cd'A (out of a member's home)**

North Idaho District 1 LDC  
Post Office Box 275  
Coeur d'Alene, ID 83816  
Payee on check: North Idaho District 1 LDC  
Memo comments: Group name  
Phone: Sue O. 208-676-1997

## News from District 3

I have three meetings under my belt - we are on a roll. District 3 had great attendance at our planning meeting in January with many new, enthusiastic GRs and a few returning GRs who have lots of experience to share. In February, we had a Sponsorship Workshop which thanks to Ruth B., and her many helpers, was a great success - over 100 in attendance. We had a Spiritual Breakfast on April 9th and a number of other events scheduled throughout the year.

In Alateen - thanks to John E., and his many Alateen sponsors, has 17 weekly meetings mostly in the schools. There is new Alateen meeting in the works for Mountain Home.

Lisa C., our Public Outreach Coordinator, has a different group scheduled for each month of the year to bring information and to share a bit of their story to Intermountain Hospital.

District 3 has been invited to participate in the 2012 AA Spring Assembly which will be in Boise. We know there will be Al-Anon participation, but we are not sure exactly what that will look like. Nancy Jo, the District 7 Representative, will be the Al-Anon luncheon speaker. Lovingly in Service, Terry A.

## Calendar of Events

- **Saturday, July 30<sup>th</sup>** - AWSC planning meeting from 10-3 pm Kopper Kitchen, Boise ID. District Representatives to attend. All members are welcome.
- **Saturday, September 17** – 3rd Annual Serenity Speaker Cruise on Lake Coeur d'Alene. Dottie and Jim AFG & AA are the speakers from Post Falls.
- **Saturday, September 24, 2011** - Al-Anon Area Fall Assembly, Twin Falls, ID. Located at the Red Lion Hotel, 1357 Blue Lakes Blvd. N., Twin Falls. For reservations call; 208-734-5000. Group representatives are to attend - ALL MEMBERS ARE WELCOME. The 2011 Fall Area Assembly checks will be made out to; **Idaho Area AFG** and mailed to: 2011 Fall AFG Assembly, Post Office Box 3392, Hayden, Idaho 83835-3392
- **Spring 2012 Assembly will be in District 7**
- **Fall 2012 Assembly will be in District 6**
- **Spring 2013 Assembly will be in District 2**
- **Fall 2013 Assembly will be in District 5**

For a full listing of events, please visit our Idaho Area website; <http://www.al-anon-idaho.org/Events/events.htm>