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# Idaho Area Assembly - Fall 2008

## AI-Anon Assembly Business Meeting Minutes

The business meeting of the Idaho Area 2008 Spring Assembly was held at the Doubletree Riverside Hotel, Boise, Idaho on October 11, 2008. Cecilia S. opened the meeting with the Serenity Prayer. The steps, traditions, concepts, voting guidelines and a Forum piece on Concept 11 were read, followed by introductions.

### Agenda

See attachment on page 5.

### Reports

#### DR Reports

Each District Representative was asked to report the number of voting GRs from their Districts: District One – 4; District Two – 2; District Three – 13; District Four – 3; District Five – 7; District Six – 2; District Seven – 2, for a total of 33. For reports, see attachments beginning page 17.

#### Delegate's Report

- Passed out a form to fill out about what to take back to the Groups
- AI-Anon International in Pittsburgh – 4000 AI-Anons in one place
- Presented everyone with a CD – family of speakers: AA, AI-Anon, Alateen
- Service manual updates are available on the WSO website
- Podcasts on the WSO website
- 2009 WSC Theme: “Embrace the Legacies – Our Spiritual Bridge to Expand the Future”
- Presented the AWSC with conference summaries.

See attachment on page 8 for full report.

### Discussion – AI-Anon Assembly Separating from AA

Danielle presented the information she's accumulated (See Fall 2008 Newsletter)

Floor was opened for comments

- Assembly = Business      Convention = Fun
- Once a year would be more economical for groups
- It's not being suggested that we never participate at AA Assemblies
- A one-day event could be held in a hall, church, school, etc.
- Washington state separated because of size and would not go back
- In this age of technology, can't the business portion be done electronically – online forum discussions, email voting, teleconferences, etc.
- When we do this with AA, the AI-Anon committee has all of the responsibility with none of the authority
- What if we equalize expenses for the whole area
- 6 people in this meeting came with some one attending the AA portion
- The church used in District 5 for AI-Anon Day cost \$45
- What is the next step for the ad hoc committee?
- What is a one-day meeting going to cost across the state?

Motion: Every District to do a financial study for a meeting room, luncheon, hotel rooms, etc. to report at Spring Assembly. Passed unanimously

#### Secretary's Report

*Motion to accept minutes as presented. Passed unanimously.*

## **Treasurer's Report**

All reports are attached, see page 9.

*Motion to accept the financial report. Passed unanimously.*

Voting item: Delegate's Equalized Expenses

In 2007, this Area paid \$1959.00 (entire cost) for the Delegate's WSC expenses. In light of that amount, \$2261.00 was budgeted for 2008. The actual cost from WSO was \$1890.00. (Last year's amount included the once-per-term trip to Stepping Stones.)

Because we have this discussion every year, it was suggested at the August AWSC meeting that we establish a standing policy to pay the entire cost of sending our Delegate to the WSC, unless the treasurer deemed it to be a poor financial decision.

From the AI-Anon Service Manual, page 131-132:

*Delegates' Equalized Expenses.* Because costs of travel to the World Service Conference (WSC) are different for each Delegate, a formula was developed to provide a fair equalization of expenses. The Delegate's equalized cost is calculated by dividing the total estimated travel, hotel, meal, and incidental expenses for the Delegates, including their portion of the costs of the Conference Notebook, and printing and mailing of the *Conference Summary* to Area World Service Committee members by the number of Delegates. This cost is reported to the Board of Trustees. A substantial portion of this cost, as determined by the Board of Trustees, is the equalized expense and is paid by the Areas. The Conference Committee informs each Area that this amount is to be sent to the WSO by the Area Treasurer before January 1. The Delegates' expenses are then defrayed by these funds, regardless of traveling distance.

Any Area may choose to contribute additional funds, up to and including the entire cost of sending a Delegate to the WSC.

*Motion: To establish a standing policy to pay the entire cost of sending our Delegate to the WSC each year. Passed unanimously.*

## **Coordinator Reports (all attached)**

**Alateen/AAPP** – Recertification completed by July 1; all old paperwork with personal information has been shredded; two new training modules coming out at end of year.

### **Archives**

**Literature Center** – Address is changing to physical address: 1111 S. Orchard, Ste 172, Boise, ID 83705

**Newsletter** – Next issue – first part of January; Districts: please submit Assembly options Financial studies in time for that publication – preferably Word or Excel

**Group Records** – Please report any group level changes: GR, meeting contact names, group mailing address, etc.

**Website** – event information, flyers, newsletter, donation information.

**Literature/Forum** – 13,700 groups receive a free issue. Have your group think about including a past issue with each newcomer packet.

**Public Outreach** – AI-Anon was mentioned in Oct. 2 Dear Abby; AI-Anon Faces Alcoholism: "if you'd like a free copy, please contact WSO". WSO will then contact Area Public Outreach Coord. Wand would like District contacts to help.

## **2009 Spring Assembly**

District 6 – May 1-3, 2009 Shiloh Inn, Idaho Falls

## **2009 AI-Anon Day**

District 6 – June 27, 2009 St. Luke's Episcopal, 270 N. Placer Ave.

## **Assembly Guidelines Committee**

This committee met before the August AWSC meeting, and continues comparing suggested guidelines to what we're actually doing, one line at a time.

### **Hot Topic Highlights**

#### **Fundraising**

- The 7<sup>th</sup> Tradition is about more than just money
- It's easy to rationalize and justify a money-making plan
- List of ideas – good for Districts and/or Groups
  - ✓ Traveling Dinner
  - ✓ Up charge on literature
  - ✓ Pass the basket more than once
  - ✓ Yard sales
  - ✓ Potlucks
  - ✓ No-Bake bake sale
  - ✓ Book covers
  - ✓ Penny collection
  - ✓ 25 cents per acronym

Please email ideas to Danielle for the newsletter

#### **Newcomer Retention**

- Select month-long mentors
- Put newcomer's name on the newcomer packet so they know it's for them
- Have members add names and phone #s to newcomer packets
- Have a long-time member share
- You Tube
- Alateen app on MySpace (MySpace can be totally anonymous)

#### **Alateen**

- Contact John E. for information on the process to start an in-school meeting
- Word is spreading among the kids
- Find reasons to be an Alateen Sponsor, instead of reasons not to.

### **Concerns & Issues**

- What can we do to get more Alateen involvement?
- District 6 is planning to have an Alateen program at the Spring Assembly
- Spanish contact – Maria has taken over for Jennifer P.
- AWSC meeting – March 21, 2009, Kopper Kitchen, Boise

### **Misc.**

The Al-Anon Luncheon speaker, Karen R., spoke about her new position on the WSO Board of Trustees for the Southwest Region. There are 19 Trustees: 1 sustaining, 9 regional (3 from Canada – West, Central, East; 6 from US – Northwest, North Central, Northeast, Southwest, South Central, Southeast), 9 at-large (from anywhere in the US). They meet for 6 days, four times per year, to discuss issues important to the fellowship as a whole, or anything concerning legal issues. Some do international public outreach – just back from Finland, and went to China this summer.

Requirements for service – resume, working knowledge of the Steps, Traditions and Concepts, long-time member. All forms available on the WSO website. Service term is 3 years; eligible for a 2<sup>nd</sup> 3 year term. Service is strictly voluntary (no salary) with travel and lodging expenses paid by WSO.

Karen also shared her experience, strength and hope about Area assemblies in Arizona. There, Al-Anon and AA have held separate business meetings for 25+ years. They do participate in each other's conventions. The Al-Anon assembly is strictly business, with no speakers; the Election Assembly is held over 2 days – business on Saturday, a Saturday night speaker, and elections on Sunday morning.

*“Have a mindset of unlimited abundance.”*

*Assembly Attendance:*

*33 voting GRs, including 5 attending their first Assembly.*

**Attachments**

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Respectfully submitted,  
Traci Ehlers  
Area Secretary

***Area Assembly Business Meeting Agenda (GRs Attend)***  
**Saturday, 10/11/08 – Doubletree – Riverside; Boise, Idaho**  
***“Build Bridges – Energizing Our Spiritual Quest”***

*Meeting Room - Northstar*

**8:00 am GR Exchange – Northstar**

**8:00 am DR Exchange**

***All members sign in before the business meeting***

**9:00 am** Opening, Welcome, Serenity Prayer and Voting Guidelines for business meeting;  
Cecilia S., Area Chair

Traditions, Concepts, Reading from the Forum – Concept 10  
Introductions; Name, Position and Home Group

**9:15 am** District Reports: (please give number of voting GRs from your  
District to Area Secretary). District Reports – 3 minute limit.

**9:35 am** Delegate’s Report – Berta R.

**9:45 am** BREAK (15 minutes)

**10:00 am** “Al-Anon Assembly Options” – Danielle E. (Ad Hoc Chair)

**11:00 am** Secretary Report: Traci E.

**11:05 am** Treasurer Report – Toni R.

Voting: “To pay full amount of the Delegates Equalization Expense each year.”  
2007 Actual \$1,959 2008 only \$1,890

**11:20 am LUNCH BREAK**

Al-Anon Luncheon Speaker – Karen R. Tucson, AZ

**1:30 pm HOT TOPIC – BREAKOUT SESSIONS**

1. Fundraising – Danielle E. and Berta R.
2. How to Keep Newcomers – Heidi W. and Joan B.
3. Alateen Workshop – Ruth B.

**2:30 pm** BREAK (15 minutes)

**OLD BUSINESS**

**2:45 pm** Area Assembly Guidelines Update – Berta R. (Ad Hoc Chair)

**3:00 pm** Coordinator Reports – 3 minute limit

Alateen/AAPP: Ruth

Archives: Ladora

AIS/LDC: Marje K.

Newsletter: Danielle E.

Group Records: Lisa C.

Website: Toni R.

Literature/Forum: Heidi W. – Forum Drawing (2 subscriptions)

Institutions/Public Outreach: Wanda L. – District Challenge for Dear Abbey Outreach

**3:30 pm** 2009 Spring Assembly; Idaho Falls – District 6 Jodi C.

**3:40 pm** 2009 Al-Anon Days – District 6 Jodi C.

**3:50 pm** Any Concerns or New Issues

Let it Begin with Me.

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be  
there...and let it begin with me.

**Al-Anon Assembly Weekend Schedule**  
**“Build Bridges – Energizing Our Spiritual Quest”**

**Friday, October 10, 2008**

**12:00 p.m. to 9:00 p.m. Registration – Lobby**

**6:00 p.m. to 7:00 p.m. Al-Anon Kick-Off Meeting**

**7:15 p.m. to 8:30 p.m. Spiritual Awakening Candlelight Meeting – Laura F. & Ruth B.**

**Moved to Sat 8 a.m.**

**G.R. Exchange (GRs Attend) - Northstar**

- Hosted by Laura F. - Alternate Delegate

**Moved to Sat 8 a.m.**

**D.R. Exchange (Past & Present D.R.s)**

- Hosted by Cecilia S. - Area Chair

**Saturday, October 11, 2008**

**7:00 a.m. to 6:00 p.m. Registration – Lobby**

**8:00 a.m. to 9:00 a.m. G.R. Exchange (GRs Attend) - Northstar**

- Hosted by Laura F. - Alternate Delegate

**8:00 a.m. to 9:00 a.m. D.R. Exchange (Past & Present D.R.s)**

- Hosted by Cecilia S. - Area Chair

**9:00 a.m. to 11:20 a.m. Al-Anon Business Meeting (GRs Attend)**

- District Reports
- Delegate Report
- Al-Anon Assembly Options
- Secretary Report
- Treasurer Report

**11:30 a.m. to 1:15 p.m. Al-Anon Luncheon & Speaker**

- Luncheon Speaker: Karen R. Tucson, AZ

**1:30 p.m. to 4:30 p.m. Al-Anon Business Meeting (GRs Attend)**

- Hot Topic Breakout Sessions
- Coordinator Reports
- Old Business
- New Business

**6:00 p.m. to 9:00 p.m. Banquet and Speaker’s Meeting**

- George D. - New York

**9:30 p.m. to 1:00 a.m. DANCE**

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**1:45 p.m. to 2:45 pm. Open Al-Anon Meeting – District One**

**3:00 p.m. to 4:00 pm. Open Al-Anon Meeting – District Four**

**Sunday, October 12, 2008**

**9:00 a.m. to 1:00 p.m. Breakfast & Spiritual Speaker**

- John S. - Arizona

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## Area Chair Report

Hello Area members:

I thought we had a wonderful Fall Assembly with a lot of positive energy and abundant possibilities!

We had two voting issues on the fall agenda. The first motion was *“To establish a standing policy to pay the entire cost of sending our Delegate to the WSC each year.”* This Delegates Equalization amount can change each year - 2007 Actual \$1,959 - 2008 only \$1,890. Since the Area has a long history of paying the full amount requested by World Service Office (WSO) this motion would streamline our Area in paying this amount without taking it back to each assembly. This motion was passed unanimously.

The second vote was regarding our “Area Assembly Options” ad hoc committee, chaired by Danielle E., which is looking into the Area current expenses and future possibilities of hosting our own Area Assemblies. The group representatives voted to have *“Every District to do a financial study for a meeting room, luncheon, hotel rooms, etc. to report at Spring Assembly.”* This motion also passed unanimously. We are hoping this information will be printed in the Area Newsletter prior to the spring assembly and could go to a vote. For a full review of this ad hoc’s committee’s work go to our Idaho Area website and on the left hand side on our home page click on “Area/Members” then “Newsletter” and then click on “Fall 2008.” This article gives an excellent overview of our progress on Area Assembly Options.

We had three breakout sessions during the fall assembly;

1. Fundraising – Berta R. and Danielle E.
2. How to Keep Newcomers – Heidi W.
3. Alateen Workshop – Ruth B.

Each breakout session leader(s) will be giving a written report for the Area Newsletter on the highlights of what was discussed in their groups.

The Area has another Ad Hoc committee currently working on improving our Area Assemblies. The “Area Assembly Guidelines” committee, chaired by Berta R., is working to give assistance and consistency to the host districts holding Area Assemblies.

The next Spring Assembly will be at the Shilo Inn in Idaho Falls on May 1 – 3, 2009. Spring Assembly flyers are on our wonderful Idaho Area website <http://www.al-anon-idaho.org/> then click on “Events” on the left hand side and then click on “flyer.”

Don’t forget the second printing of Al-Anon Faces Alcoholism 2009 orders are being taken now; the deadline is Thursday, February 12, 2009 and orders will be shipped by April 1<sup>st</sup>. This is a wonderful outreach publication for groups, districts and Areas. Order forms are available on our Al-Anon WSO website, and our Idaho Area website.

Next Area World Service Committee (AWSC) meeting will be on Saturday, March 21, 2009 at Kopper Kitchen in Boise.

Love in Service;  
Cecilia S.

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## Delegate's Report

This past July I attended the 2008 Al-Anon International in Pittsburgh, PA. This was an awesome experience. There were approximately 4000 Al-Anon in attendance. I heard speakers from around the world share their experience strength and hope. On Friday night I heard a speaker from Al-Anon, AA, and Alateen. I brought a cd for each one of you. I also brought World Service Conference Summary for each of the A.W.S.C members and will have a drawing for the extras. It is important to the survival of our fellowship to build bridges of communication between each of our levels of service.

In March of 2009 I will be attending the Northwest Regional Delegates meeting in Lincoln, Nebraska and in April the Conference will be in Virginia Beach, VA.

Respectfully submitted,  
Berta Ruark  
Panel 48 Idaho

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## Alternate Delegate's Report

Thank you to all GRs who attended the 8:00am crack-of-dawn GR Exchange on Saturday morning! Our scheduling choices are limited so it becomes a choice of a long travel/meeting day on Friday or a long business day on Saturday. The committee will take a look at results from this Assembly's evaluations and try to schedule future exchanges based on what's best for us (Tradition 1).

During this exchange GRs participated in a workshop where they shared experience, strength and hope about group issues/problems. Just as everyone started waking up and sharing some great ideas we ran out of time. I will compile some of the ideas from that workshop and submit them to the newsletter. GRs are welcome to bring a group issue to the next exchange and we can open it up to the group using that brainstorming format. GRs, the exchange is for you—it can be whatever you want it to be!

I have finished revising the new GR handout and will be sending it to Toni, our website coordinator, to post online.

Love in Service,  
Laura F.

**2008 Account Balances  
AI-Anon-Area 13**

October 5, 2008

|                                        |          | <b>Totals</b>                   |
|----------------------------------------|----------|---------------------------------|
| <b>Bank Accounts</b>                   |          |                                 |
| Checking                               | 2,120.08 |                                 |
| NWRSS Savings <sup>(1)</sup>           | 700.00   |                                 |
| Savings <sup>(2)</sup>                 | 4,836.31 |                                 |
| TOTAL Bank Accounts                    |          | <u>7,656.39</u>                 |
| <b>Cash Accounts</b>                   |          |                                 |
| Cash Account                           | 0.00     |                                 |
| TOTAL Cash Accounts                    |          | <u>0.00</u>                     |
| <b>Asset Accounts</b>                  |          |                                 |
| Seed Money and Deposits <sup>(3)</sup> | 2.00     |                                 |
| TOTAL Asset Accounts                   |          | <u>2.00</u>                     |
|                                        |          | <u><u><b>\$7,658.39</b></u></u> |

**Footnotes**

- <sup>1</sup> \$700 was moved from checking on 7/1/08 to this account
- <sup>2</sup> The savings account earns interest. Money sits here until it is needed for the checking account to pay invoices.
- <sup>3</sup> \$2 deposit on Post Office box keys  
These are assets because we eventually get this money back.  
We did have \$152 in this account but we received \$150 on 8/9/08 for the AI-Anon Day seed money

## 2008 YTD Profit and Loss AI-Anon Area 13

October 5, 2008

|                                     | Details  | SubTotal  | Total     |
|-------------------------------------|----------|-----------|-----------|
| <b>Income</b>                       |          |           |           |
| Al-Anon Day                         |          | 617.75    |           |
| Net Income                          | 381.75   |           |           |
| Raffle                              | 236.00   |           |           |
| Spring Assembly                     |          | 1,599.92  |           |
| Split <sup>(1)</sup>                | 555.92   |           |           |
| Raffle                              | 1,044.00 |           |           |
| Donations                           |          | 2,477.29  |           |
| District 2                          | 155.70   |           |           |
| District 3                          | 175.00   |           |           |
| Group                               | 2,146.59 |           |           |
| Interest                            |          | 35.66     |           |
| <b>Total Income</b>                 |          |           | 4,730.62  |
| <b>Expenses</b>                     |          |           |           |
| AWSC Meeting Expenses               |          | -2,254.53 |           |
| Assemblies                          | 1,396.98 |           |           |
| Committee Meetings                  | -857.55  |           |           |
| Coordinators                        |          | -416.30   |           |
| Archives                            | -45.41   |           |           |
| Newsletter <sup>(2)</sup>           | -370.89  |           |           |
| Officers                            |          | -218.06   |           |
| Chair                               | -19.50   |           |           |
| Delegate                            | -125.00  |           |           |
| Treasurer                           | -73.56   |           |           |
| Operating Expenses                  |          | -3,168.29 |           |
| Assembly Literature <sup>(3)</sup>  | -13.20   |           |           |
| Background Checks                   | -107.63  |           |           |
| Bank Charge <sup>(4)</sup>          | 43.04    |           |           |
| Equalizer Expense                   | 1,890.00 |           |           |
| Financial Review <sup>(5)</sup>     | -100.00  |           |           |
| NWR Delegate Meeting <sup>(6)</sup> | 1,058.50 |           |           |
| PO Box Rental                       | -42.00   |           |           |
| <b>Total Expenses</b>               |          |           | -6,057.18 |
| <b>Net Income</b>                   |          |           | -1,326.56 |

### Footnotes

- <sup>1</sup> Spring Assembly split decremented by \$39.38 for speaker expenses
- <sup>2</sup> \$500.00 was paid in January to the Newsletter Editor's checking account  
\$129.11 was received from the prior Newsletter Editor's checking account  
\$370.89 Net expense for newsletter editor
- <sup>3</sup> Area purchased free literature for the Assembly rack

- <sup>4</sup> Bank charges from 2007 were reversed for double payment of printed checks  
<sup>5</sup> The Financial Review was performed on the prior Treasurer's books  
<sup>6</sup> Delegate, Alternate Delegate, and Past Delegate expenses

## 2008 YTD Group Donations Al-Anon Area 13

October 5, 2008

|                              | <b>Group</b>                    | <b>Donation</b> |
|------------------------------|---------------------------------|-----------------|
| <b>District 1</b>            | 31958 Serenity Matters          | 75.00           |
|                              | 40751 Afternoon Delight AFG     | 85.00           |
|                              | 66383 Northwest Serenity        | 25.00           |
| <b>District 2</b>            | 3384 Kendrick AFG               | 75.00           |
|                              | 3394 Moscow AFG                 | 10.00           |
|                              | 48023 Wed Night                 | 22.93           |
| <b>District 3</b>            | 30502369 Tues 11th Meditation   | 77.50           |
|                              | 3338 Tues/Fri Noon              | 67.00           |
|                              | 3345 Steps To Serenity          | 50.00           |
|                              | 5000569 Fri Night Fireside      | 60.00           |
|                              | 502539 Thu Eagle Noon           | 100.37          |
|                              | 502795 Friday Noon              | 64.75           |
|                              | 503737 Tue Night Friendship     | 35.37           |
|                              | 504118 Wed Collister            | 39.63           |
|                              | 61227 Mon/Wed Noon              | 419.65          |
|                              | 62315 Sunday Early Birds        | 182.97          |
|                              | 64479 Tue Night Meridian        | 30.00           |
|                              | 65838 Saturday AM Spiritual AFG | 30.59           |
|                              | 66020 Garden Valley AFG         | 20.00           |
| 66999 Wednesday Night Boise  | 106.83                          |                 |
| <b>District 4</b>            | 24707 Filer Tues Night          | 105.00          |
|                              | 27614 Beginning Again           | 30.00           |
|                              | 35113 Fri Buhl Serenity Seekers | 30.00           |
|                              | 504115 Live and Let Live        | 30.00           |
| <b>District 5</b>            | 30788 Friday Out To Lunch AFG   | 60.00           |
|                              | 36305 Turn Around AFG           | 100.00          |
|                              | 44344 Wed Wild Bunch            | 64.00           |
| <b>District 6</b>            | 3376 Mon Night Step Study       | 20.00           |
|                              | 503388 Just For Today           | 50.00           |
| <b>District 7</b>            | 46331 Noon Serenity AFG         | 70.00           |
|                              | 63168 Just For Today Payette    | 10.00           |
| <b>Total Group Donations</b> |                                 | 2,146.59        |

## Al-Anon Area 13 - 2008 Budget

| Budget Item                  | 2008<br>Actual  | 2008<br>Proposed | 2007<br>Actual  | 2007<br>Approved | 2006<br>Actual  | 2006<br>Approved | 2005<br>Actual  |
|------------------------------|-----------------|------------------|-----------------|------------------|-----------------|------------------|-----------------|
| <u>Coordinators</u>          |                 |                  |                 |                  |                 |                  |                 |
| Alateen/AAPP                 |                 | 40.00            | 16.79           | 40.00            |                 | 40.00            |                 |
| Archives                     | 45.41           | 80.00            | 85.35           | 40.00            | 63.72           | 40.00            | 15.40           |
| Forum/Literature             |                 | 20.00            | 1.70            | 80.00            | 1.84            | 60.00            |                 |
| Group Records                |                 | 20.00            | 6.75            | 40.00            | 2.04            | 40.00            | 5.24            |
| Literature Center Liaison    |                 | 20.00            |                 | 20.00            |                 |                  |                 |
| Newsletter                   | 370.89          | 371.00           |                 | 500.00           | 250.00          | 500.00           |                 |
| Public Outreach              |                 | 40.00            |                 | 120.00           |                 | 120.00           | 60.85           |
| Website                      |                 | 20.00            | 76.93           | 40.00            |                 |                  |                 |
| <u>Officers</u>              |                 |                  |                 |                  |                 |                  |                 |
| Delegate                     | 125.00          | 600.00           | 735.79          | 600.00           | 560.51          | 400.00           | 232.51          |
| Alternate Delegate           |                 | 20.00            |                 | 40.00            |                 | 40.00            |                 |
| Chair                        | 19.50           | 40.00            | 22.09           | 80.00            | 71.75           | 40.00            | 6.50            |
| Secretary                    |                 | 40.00            | 19.08           | 40.00            | 5.99            | 40.00            | 17.89           |
| Treasurer                    | 73.56           | 60.00            | 96.44           | 60.00            | 48.38           | 60.00            | 213.24          |
| <u>AWSC Meeting Expenses</u> |                 |                  |                 |                  |                 |                  |                 |
| Committee Meetings           | 857.55          | 1,530.00         | 544.09          | 1,100.00         | 810.25          | 1,100.00         | 769.32          |
| Assemblies                   | 1396.98         | 3,080.00         | 2,461.34        | 2,640.00         | 2,138.08        | 2,640.00         | 1,487.75        |
| <u>Operating Expenses</u>    |                 |                  |                 |                  |                 |                  |                 |
| Assembly Literature          | 13.20           | 25.00            | 21.52           | 50.00            | 24.75           | 50.00            | 21.66           |
| Background Checks            | 107.63          | 250.00           | 75.00           | 750.00           |                 | 750.00           |                 |
| Bank Charges                 | -43.04          | 40.00            | 81.33           | 70.00            | 14.94           | 70.00            |                 |
| Equalized Expense            | 1,890.00        | 2,261.00         | 1,959.00        | 1,698.00         | 1,698.00        | 1,612.00         | 1,100.00        |
| Financial Review             | 100.00          | 100.00           |                 |                  |                 |                  |                 |
| NWR Delegate Meeting         | 1,058.50        | 1,200.00         | 375.81          | 1,000.00         | 635.20          | 1,000.00         | 668.60          |
| NWRSS Expense                |                 | 0.00             | 1,974.86        |                  |                 |                  |                 |
| PO Box Rental                | 42.00           | 40.00            | 40.00           |                  |                 |                  |                 |
| Public Outreach              |                 | 150.00           |                 | 300.00           |                 |                  |                 |
| Spanish Hotline              |                 | 200.00           | 283.59          | 200.00           |                 |                  |                 |
| Website Hosting              |                 | 0.00             | 166.80          | 245.00           | 166.80          | 175.00           |                 |
| <b>Totals</b>                | <b>6,057.18</b> | <b>10,247.00</b> | <b>9,044.26</b> | <b>9,753.00</b>  | <b>6,492.25</b> | <b>8,777.00</b>  | <b>4,598.96</b> |
| <u>Seed Money/Deposits</u>   |                 |                  |                 |                  |                 |                  |                 |
| NWRSS Savings                |                 | 700.00           |                 | 700.00           | 700.00          | 700.00           | 700.00          |
| Al-Anon Day                  | 150.00          | 150.00           |                 | 150.00           |                 | 150.00           | 237.50          |
| Alateen Assembly             |                 |                  |                 | 100.00           |                 | 100.00           |                 |

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## Alateen Coordinator

Hello Idaho Area AFG,

I felt energized at our Fall Assembly in Boise, especially after our breakout session on ALATEEN SPONSORSHIP. Thank you, to everyone who attended—your questions were excellent and there were wonderful comments shared.

John E., our Boise Alateen Coordinator, gave us details of how to start an Alateen meeting in a Jr. High or High School. It takes some work, but is well worth the effort. The biggest hurdle here was finding a schedule that works for the schools. They requested a rotating format, changing every week, i.e., this week, Period 1; next week, Period 2; etc. We are very fortunate to have Alateen sponsors who have flexible schedules. In Boise, a school counselor must be part of the meeting—so it's an Open Alateen meeting. We encourage counselors to attend Al-Anon in order to get a basic understanding of the program. Something must be working because this year we have 5 (maybe 6) in-school meetings, plus one regular Alateen meeting. Contact me if you'd like more information on how to start an in-school meeting: [ruthineagle@qwest.net](mailto:ruthineagle@qwest.net).

Our breakout group also talked about "Reasons to be an Alateen sponsor." It's easy to find reasons NOT to be an Alateen sponsor, so we wanted to hear things that might encourage someone to become an Alateen sponsor. Sharing our enthusiasm is contagious and may help others take a leap of faith into Alateen service!

Comments heard at our Assembly breakout:

- As an Alateen sponsor you may be the one person in a teenager's life who listens without lecturing, moralizing or giving advice—you can't put a price on that feeling of accomplishment.
- Seeing the kids "get the program" is amazing—you see the light go on in their eyes...and there's a sense of hope they didn't have before.
- Watching a teen, who's been silent all year, finally start to trust the group and open up is awesome. It's incredible to see how a kid can change during the school year.
- It's exciting to listen to kids share Alateen tools—they're like sponges, they pick it up so fast.
- I decided to be an Alateen sponsor because I want Alateen to be there when my kids are old enough to attend.
- Being an Alateen sponsor is an amends to my kids—I hear so many things from Alateens that I could never hear from my kids.
- I love being around Alateens—one of the kids wrote me a note saying I was like a Grandfather to him. What could be better than that?
- Alateens reminded me of what I was feeling as a teenager. Listening to them helped me work through issues I'd forgotten long ago.
- I learn more from the Alateens than I could ever share with them. Great comments. Thanks to everyone who shared insights.

Plus, there's good news in District 6. We now have an active Alateen group in Idaho Falls again. Kim E. recently moved to Idaho Falls. He was a certified Alateen Sponsor in Washington and has restarting the Hi Five Alateen group! How wonderful. He also announced that there will be an Alateen program at the Spring Assembly in Idaho Falls, May 1-3, 2009. So, bring your Alateens!

Enthusiastically yours,

*Ruth Blaha*

Idaho Area Alateen Coordinator/Area Process Person

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## Forum/Literature

*This is where the Forum stands today:*

- *There are approximately 13,750 groups in the U.S., Canada, Puerto Rico, and Bermuda that are receiving a free copy of the Forum. It is mailed to the Current Mailing Address (CMA). We don't know how many CMAs are actually taking the magazine to their group.*
- *There are approximately 20,000 individual subscriptions-down by 4,000 subscriptions since last year. The decline is a long-term trend that goes back many years.*
- *As a point of interest, the AA Grapevine subscriptions peaked in 1991 at about 150,000. It is currently carrying about 106,000 subscriptions-up by 3,000-4,000 compared to last year. This is the first increase in many years.*
- *Although the primary purpose of the magazine is to be a recovery tool, there is also news and information from WSO included in the Inside Al-Anon section and in several ads placed throughout the magazine. It is the WSO's only opportunity to communicate with members at the group level every month.*
- *The Forum has the potential to be a powerful tool to strengthen Al-Anon unity among members in the U.S. and Canada. To achieve this potential, it needs to become better integrated into out meetings and better recognized as an important tool for individual recovery.*
- *The Forum staff has made several subtle, yet significant changes to the magazine over the past couple of years. The covers are illustrated in a more contemporary style so that they appeal to not only current members but also to newcomers and younger people. Also, we've tried to include sharing's that reflect the range of issues that our diverse membership faces today.*

*Here are some thoughts and ideas that were shared with other Forum Coordinators:*

1. *Include a past issue of the magazine in the newcomer packet.*
2. *Take subscription forms with you when you attend Assemblies.*
3. *Encourage Alateens to submit their sharing's.*
4. *Have a Forum workshop at Assemblies.*
5. *Donate subscriptions.*
6. *Use Forums in newcomer meetings.*

*Get your Forum Magazine out and utilize the great information ☺*

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## Literature Center Liaison

I first want to thank all the groups for their support of the literature center. We greatly appreciate it.

As I have previously reported we are now getting all Literature center mail at the physical address.

Please use the following address for all correspondence to the center:

Al-Anon/Alateen Information Service Center  
1111 So. Orchard, Suite 107  
Boise, Id 83705

The literature Center By-laws and Overview are on track for final approval at the November meeting.

Again thank you for supporting the center.

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## Public Outreach

### Al-Anon Family Groups Communication *Build Bridges—Energizing Our Spiritual Quest*

**TO:** Area Delegates and Public Outreach Coordinators  
**FROM:** Pat Quiggle, Associate Director of Public Outreach—Media  
**DATE:** September 24, 2008  
**RE:** Update, Public Outreach Opportunity

#### **Update, Public Outreach Opportunity *Al-Anon Faces Alcoholism 2009* magazine offer in the “Dear Abby” Syndicated newspaper column**

The WSO has just been informed by the staff at “Dear Abby” that the article referring to Al-Anon and the free offer of a copy of the *Al-Anon Faces Alcoholism 2009* magazine will appear in the **Thursday, October 2, 2008** column. However, some local newspapers may decide to publish the Al-Anon referral article on a later date.

The same sequence of events that occurred when our item first appeared in the “Dear Abby” column last February will again take place. In this column, readers were invited to request a free

copy of *Al-Anon Faces Alcoholism 2009 (AFA)*, or to view our annual Public Outreach magazine in English, Spanish, or French on the Al-Anon Public Outreach Web site at:  
[www.Al-AnonFamilyGroups.net](http://www.Al-AnonFamilyGroups.net).

#### **Here is what the WSO will do**

The WSO will gladly send a copy of *Al-Anon Faces Alcoholism 2009* free of charge, including mailing costs, to "Dear Abby" readers who send us their mailing address via e-mail or regular mail. The WSO's Public Outreach Web site is currently displaying English, Spanish, and French *Al-Anon Faces Alcoholism 2009* in PDF format for this special project.

#### **Here is what an Area, District, Al-Anon Information Service, group, or member can do**

If requests arrive from "Dear Abby" readers who live in your Area, we would like them to receive a copy of your local meeting schedule at the same time. The only way this can happen is if an Area, Al-Anon service arm, group, or member within it, agrees to do the mailing. If you are willing to take part in this Public Outreach opportunity, we will be glad to give you the local names and addresses that we receive.

#### **Materials and budget needed for Area or District participation**

If you would like to participate in this Public Outreach event, we need you to have three things:

- 1) copies of the *Al-Anon Faces Alcoholism 2009* magazine
- 2) the ability to copy your local meeting schedules
- 3) sufficient funds to pay for mailing, i.e. mailing envelopes and postage

To give you a rough idea of costs, our postage for mailing one copy of the *AFA* magazine in a 6" x 9" envelope from Virginia Beach, VA within the US is 76 cents and to Canada is \$1.20 dollars (US funds). Each envelope containing an *AFA* magazine and a cover letter sent from the WSO weigh 1.8 ounces. However, your costs would depend upon the weights of the mailing envelope and the meeting schedule you provide. In a few instances, we received requests for both English and Spanish *AFA* magazines to be mailed to the same individual, which meant that two magazines were sent in the same envelope.

#### **Our best estimate for the number of requests received by an Area**

Based upon our experience from the February 2008 "Dear Abby" article providing our offer of a free copy of the *Al-Anon Faces Alcoholism* magazine, there were 247 (160 letters, 83 e-mails, and four telephone) requests and a total of 1,371 visitors to the *AFA* magazine PDF posted on the WSO's Web site).

We therefore estimate that an Area, District, or Al-Anon Information Service would probably only have two to five mailings. However, if you would like to set a limit for the maximum number of local addresses you can handle, we will take care of any additional requests we receive above that number.

#### **Procedure for Area Public Outreach Coordinators or Delegates to respond to the WSO**

We hope this information will help you to decide if your Area can participate in the project. Please ask your Area, District, and Al-Anon Information Service Public Outreach Action Committees, home groups, and members in your Area to **inform you** directly and **not the WSO**, if they are willing to help you with this Public Outreach effort.

#### **How the WSO will process requests from your Area**

If your Area decides to participate, we would like to e-mail one list of names and addresses to you for your Area each week that we receive requests.

If you have not already contacted the WSO Communication Section, please let us know if you decide to participate, or if you have any questions about this project.

**Thank you for everything you do for the families and friends of alcoholics!**

### Events

More Districts are adding their events to the website. Visit this webpage to find directions, review agendas, and print event flyers.

### Newsletter Distribution

There are 84 members signed up to receive the electronic newsletter.

### Glossary of Terms

The glossary of terms has been updated as members make suggestions. Use this webpage to find information about Al-Anon including acronyms.

### Donation Information

The webpage at <http://www.al-anon-idaho.org/donations.html> contains information on where to send donations for Area and other Al-Anon organizations. If a DR wants their district listed on this page, please email me with the contact details.

Respectfully submitted,

Toni R.

Website Coordinator

[webinquiry@al-anon-idaho.org](mailto:webinquiry@al-anon-idaho.org)

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## District 1

Welcome from North Idaho, where for the first time, we don't have as much snow as Boise!

We have had wonderful turn-outs at our district meetings. We have 4 Group Representatives here at the Assembly.

We still have only one Alateen meeting with 4 sponsors. We hope to start another meeting on another day when we get more volunteers.

Our community outreach is active. A panel goes into an inpatient/outpatient chemical dependency family week meeting every 6 weeks.

Tha Mary Pearl T. 12-Step Workshop was a huge success and a fabulous personal gain. 175 people attended and the committee made \$1183 for the district. Thank you all so much for participating. We are brainstorming ideas for a Winter &/or Spring fundraiser.

I gave each District Representative copies of our Unbake Sale Report per discussion at the AWSC meeting in their folder.

yours in service,  
Barbara V. District 1

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## District 3

Greetings from District 3!

We continue to have good turnout and great participation at our District meetings! We decided at our August meeting that it would be helpful to have a short “overview” at the end of each meeting, where we run through the important issues to be taken back to the groups. Some of our newer GRs were feeling a little overwhelmed by the amount of information, and was having a hard time figuring out just what to tell the group. The overview idea was enthusiastically received, and I’m certain it will be helpful to all the GRs.

Alateen just keeps growing in the valley, with 8 meetings being held in area schools! This is a huge increase since the days when I was an Alateen sponsor at our 1 meeting per week! We are spreading the word through the District that such success comes with a price, and the handful of dedicated sponsors we have could surely use some help.

Gem State Round-Up, I hear, was a success again this year. There’s been nothing but great comments about the slate of speakers that were here.

Love in Service,  
Traci Ehlers  
District 3 Rep

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## District 4

Greeting from District Four ☺

District Four has 12 active Al-Anon Meetings with one being a Spanish Meeting. There is also an Alateen Meeting on Saturday Nights in Jerome.

The second Annual Spaghetti and Speaker was a great success. Joan B. was our guest Al-Anon Speaker and her Hubby was our guest A.A. Speaker. It was enlightening to hear their story of Experience, Strength and Hope.

Shar and Kelley, our outreach coordinators have been doing a remarkable job at coordinating the “Family Night with Al-Anon” at the Walker Center. This is such a vital outreach program for the great state of Idaho. Each group in district four volunteers to go to the Walker Center, once a month, and talk to them about Al-Anon. We take CAL and newcomer packets. We have taken our Experience, Strength and Hope to these people when they have no where else to turn to for help. It is a wonderful way to use the twelfth step, Having had a spiritual awakening as the result of these steps; we tried to carry this message to others, and to practice these principles in all our affairs.

We are getting ready for a Halloween Bash that Al-Anon has been invited to join with our A.A. brothers and sisters.

Buhl is getting ready for their Christmas Party. This event has been active for many, many years and it just keeps growing every year. Every one brings their favorite dish and Buhl supplies the meat. It has grown so much that there are three tables now of goodies. I urge you to come and join us for the wonderful event that they graciously put on for all of us.

I am very blessed that My Higher Power guided me to my first meeting. It has saved my life.  
“Yatahey”

Love in Service, Heidi W.  
District 4 Representative

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## District 5

We are faced with the loss of Wanda our Public Outreach Representative. Current responsibilities are being met by other committee members. We are looking forward to working with a new person in this position.

District 5 is developing Policies and Procedures that will facilitate the working functions at District level for the benefit of current and future growth.

District 5 has greatly improved with unity and participation being felt by all. The Lava picnic was enjoyed by all who participated. Activities included: picnic, raffle, games and a cooling river float

Planned future activities include a chili feed and bake sale in October for our fall event. We are looking forward to a raffle that will include a quilt that has been created by a special and loving AA member from Grace who presented District 5 with this unique gift.

Don Roth, Coordinator at the Fort Hall Four Directions Treatment Center, has requested District 5 Al-Anon to explain our program to the Center's committee in anticipation of starting meetings.

Al-Anon Holiday Bash is scheduled for Saturday November 15, at 6:00 p.m. A lasagne dinner and raffle will be followed by speakers Edna P and Tom P from Malad. Flyers are available if needed.

Al-Anon Days seemed to go very well. Wanda and her committee did a wonderful job. All who attended expressed how they so liked the topics. I was under the weather and was unable to take care of my part but they all stepped in and took care of not only their jobs but mine too. I am so blessed with this wonderful district and the people that support me as D.R.

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## District 6

We have several big events coming up in District 6! First of all, our annual Holiday Social is scheduled for Saturday, Dec. 6 from 11AM to 2PM. It will be held at St. Luke's Episcopal Church in the downstairs fellowship hall. We will have a potluck brunch with a speaker and also hold a raffle to raise some monies.

Our district is hosting the spring AA/Al-Anon Assembly, which will take place from May 1<sup>st</sup> - 3<sup>rd</sup> at the Shilo Inn in Idaho Falls. We have already formed a planning committee and are putting together the details.

Then in June our district is also hosting the annual Al-Anon Day. It will take place on Saturday, June 27, at St. Luke's Episcopal Church. We are in the infant planning stages on this event- more news about this later!

We continue to have our district meeting followed by a speaker brunch on the third Sunday of every month (excluding June and December) at the Shilo Inn on Lindsay Boulevard in Idaho Falls. The meeting is at 10 AM and the speaker brunch begins at 11. In October we will have a panel discussion on the slogans and in November we will have a panel discussion on the book, "Opening our Hearts, Transforming our Losses."

We have a new Alateen sponsor who has kept our Alateen group going. Six Alateens showed up to one meeting recently, which is very exciting!

Best wishes from District 6,

Jody C.

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## District 7

District 7 is Thankful for a successful Spring Assembly. Our District pulled together and with reliance on a Higher Power got the job done. Whew!

Our current projects are distribution of our Al-Anon Faces Alcoholism outreach pamphlets and planning a Mini-Conference or Potluck Speaker meeting. More information on that project later.

Our last District meeting was enhanced by attendance of the GR from one of our Spanish meetings: Esperanza! Because of that participation we voted to have our November 1<sup>st</sup> meeting held in Nampa at St. Paul's Parrish House Office, a first for our district.

Love in Service!

Kathy B

District 7