
Idaho Area Assembly - Spring 2010

AI-Anon Assembly Business Meeting Minutes

The business meeting of the Idaho Area 2010 Spring Assembly was held at the Red Lion, Pocatello, Idaho, on May 15, 2010. Cecilia S. opened the meeting with the Serenity Prayer and voting guidelines for the business meeting. The steps, traditions, concepts, and a Forum piece on Concept 5 were read, followed by introductions.

Agenda

See attachment on page 5.

Reports

DR Reports

Each District Representative was asked to report the number of voting GRs from their Districts: District One – 4; District Two – 2; District Three – 10; District Four – 3; District Five – 5; District Six – 4; District Seven – 3, for a total of 31. For reports, see attachments beginning page 20.

Delegate's Report

- TEAM: Together Empowering AI-Anon Members: First event in Utah, June 25-27, 2010. Washington will host an event in 2011.
- Service manual printing 2010-2011
- WSO's budget has a \$1.5 million line item for contribution income. Actual contributions fall short of that. If every AI-Anon member gave \$1.80 more YEARLY, that goal would be met.
- In 2009, 63.6% of Idaho groups donated to WSO. The average donation was \$65.94. The average cost of services provided to groups by WSO is \$240.60 per group.
- 2011 WSC will be in Virginia Beach and the weekend following the end of the conference will be a celebration of the 60th Anniversary of AI-Anon Family Groups.

See attachment on page 7 for full report.

Discussion – “On Our Own Area Assemblies”

Cecilia read her Area Chair report re: AWSC meeting – AA's attendance at our AWSC meeting. AA is not exactly following their own guidelines in regard to AI-Anon's participation in their assemblies.

- Saturday, May 21, 2011 – AI-Anon Spring Assembly, Best Western, Coeur d'Alene, ID.
- Service manual page 64 (Assembly/AWSC) / Concept 2,3,8,9,10
- Laura read letter from AI-Anon to Area 18 AA
- Opened floor for questions/discussion:
 - How was it for the Area Committee to plan it?
 - It's great that we get to go north, and that they get to stay home
 - Why a 3-region rotation (and not a bid process)?

Cecilia provided some background regarding AWSC discussion about splitting the state into 3 regions – North, Southwest, Southeast – for assembly hosting.

- Why should we add 3 regions when we already have 7 districts?
- The 3 regions help ensure that we're not making 2 long drives back to back
- Is there a planning check-list to be passed around to hosting committees? (A notebook existed at one time, but no one seems to know where it is.)
- The Area Committee will ultimately be a lot more involved, signing hotel contracts, etc.
- Do we have seed money? We have money, it just hasn't been budgeted for that specific use because we've never needed it. (District 1 will be asking for \$500.)
- There was an Area Assembly planning committee whose job was to write a policy. It's faltered, but it needs to be done.
- What kind of numbers are expected? 30+ voting GRs/15 +/- AWSC members

- AA Spring 2011 in Idaho Falls would like full AI-Anon participation
- While we try not to schedule our assembly for the same weekend as the AA assembly, could we also consider not back-to-back weekends.
- What kind of financial mechanism – who is signing the contract & personally responsible? Right now, the hotel in CDA does not require selling a block of rooms.
- We can also choose to do it somewhere other than a hotel.
- Berta spoke with individuals at WSC and found a wide range of ways it's done (most of which we've already discussed).
- Has any additional discussion been given to having only one assembly per year instead of 2? Right now, the AWSC is just trying to do the next indicated thing.

Secretary's Report

Motion to accept the Spring 2009 minutes as presented. Passed unanimously.

Motion to accept the Fall 2010 minutes as presented. Passed unanimously.

Treasurer's Report

All reports are attached, see page 10

Net worth – \$9995.57
 Income - \$1103.64
 Expense - \$1794.89
 -691.25

YTD donations = \$823.98

What's the difference between a new penny & an old quarter? 24 cents!!

Treasurer's notes:

- Should Area be a non-profit entity
- Eventually we may have to talk about how to handle Assembly money
- Don't forget this position will be open in October!

Budget: Toni quickly reviewed the budget line items and explained any changes from last year.

Motion and second to accept the treasurer's report. Passed unanimously.

Motion and second to accept budget. Passed unanimously.

Breakout Session

Hot Topics for Fall 2010:

- **Getting members excited about service**
- Sponsorship
- Using the service manual
- **Attraction vs. promotion**
- **CAL**
- Phone service

Hot Topic Highlights

Crosstalk

- No pamphlets or guidelines at WSO
- Some info in the Forum
- Discussed some experiences at groups, and how members deal with it

Public Outreach

- Tools available on website

- Barriers – sometimes we (members) don't talk about the program; assume others have already done a particular outreach; don't know how to go about doing it.
- Solutions: M1; stickers on literature and pamphlets; radio & TV spots; groups taking on specific public outreach projects.

Alateen

- Meetings in schools; alternate times, so kids don't miss the same class over and over.
- What is Al-Anon's responsibility to Alateen?
 - Attend Alateen workshops
 - Invite teens to events, district meetings, assemblies
 - Keep Alateen literature at Al-Anon meetings
- What stops potential sponsors?
 - Commitment
 - Taking on the teen's problems
 - Saying the wrong thing
 - FEAR
- What could you say to Alateens?
 - They aren't alone
 - They're special, and they belong there
 - There is HOPE
 - The 3 C's
- Gifts of Sponsorship
 - More aware of and in touch with my teen self

Alateen Guidelines

Ruth talked about the guidelines and the revisions/additions. Most of these better reflect the process we're already following. Also, she's added the forms for recertification, which needs to be done on a yearly basis.

Eventually we'll need to revisit the background checks, and how often we do them for current sponsors.

Question: should Alateen meetings with only one sponsor present be cancelled?

- Alateens can take a group conscience to have an adult who is not a sponsor attend.
- It would be bad to cancel meetings at the last minute – the kids need some consistency.

Motion and second to approve revised guidelines. Passed unanimously.

Coordinator Reports

Alateen/AAPP – Recertification by June 1

Group Records – Change forms available on WSO website

Website

Literature/Forum – absent

Public Outreach

Archives

Newsletter

AAISC/LDC

See attachments beginning on page 17.

Area Twitter

Twitter account is set up: www.twitter.com Search Idaho Area AFG

This is a private group. It does not follow anyone, and sends tweets to its followers.

Fall Assembly

October 8-10, 2010, Doubletree Riverside, Boise. Early registration is due by September 1, 2010.

AI-Anon Day

June 26, 2010, United Methodist Church, Nampa, Idaho
Build a Better AI-Anon – each district received a “body part” to work with. Can be a skit, panel, etc. Please include some CAL.

Gem State Round Up

August 6-8, Doubletree Riverside, Boise, Idaho. Anyone interested in volunteering, please contact Cecilia.

Spanish Contact

New contact: Lupita Samaniego
426 minutes left on phone: 208-284-5377

Assembly Attendance:

31 voting GRs, including 7 attending their first Assembly.

Attachments

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Respectfully submitted,
Traci Ehlers
Area Secretary

Area Assembly Business Meeting Agenda (GRs Attend)

Saturday, 5/15/10 – Red Lion - Pocatello, Idaho

“Celebrate! Embrace the Group Conscience to Expand Our Circle of Hope”

Meeting Room – Teton North

8:00-8:50 GR Exchange – Hosted by Laura F. – Teton North

8:00-8:50 DR Exchange – Hosted by Cecilia S. – Teton South

All members sign in before the business meeting

9:00 am Opening, Welcome, Serenity Prayer and Voting Guidelines for business meeting; Cecilia S., Area Chair

Traditions, Concepts, Reading from the Forum – Concept 5

Introductions; Name, Position and Home Group

9:15 am District Reports: (please give number of voting GRs from your District to Area Secretary). District Reports – 3 minute limit.

9:35 am Delegate’s Report – Berta R.

10:00 am “On Our Own Area Assemblies” Discussion

11:00 am LUNCH BREAK

11:30 am Al-Anon Luncheon Speaker – Linda B. from Boise, ID

2:00 pm Secretary Report: Traci E.

2:05 am Treasurer Report – Toni R.

2:20 pm Alateen Guidelines – Ruth B. (discussion & possible vote)

2:30 pm Choose Fall Breakout Sessions

SPRING’S HOT TOPIC – BREAKOUT SESSIONS

1. “Crosstalk” chaired by Paula N.
2. “Outreach” chaired by Wanda L.
3. “Alateen” chaired by Ruth B.

3:30 pm BREAK (15 minutes)

OLD BUSINESS

3:45 pm Coordinator Reports – 3 minute limit

Alateen/AAPP: Ruth B.

AAISC/LDC: Mike P.

Group Records: Barbara V.

Literature/Forum: Heidi W. – Forum

Institutions/Public Outreach: Wanda L.

Archives: Ladora B.

Newsletter: Nancy Jo W.

Website: Toni R.

4:05 pm **Area Twitter – Update**

NEW BUSINESS

4:15 pm Fall Assembly 2010 – Boise – Oct 8-10 - District 3 – Traci E.

4:20 pm 2010 Al-Anon Day – 6/26/10 - District 7 – Kathy B.

4:25 pm **Gem State Round Up** – Boise, Doubletree – Riverside Hotel 8/6 – 8/8 – Cecilia S.

Let it Begin with Me.

When anyone, anywhere, reaches out for help, let the hand of Al-Anon and Alateen always be there...and let it begin with me.

Al-Anon Assembly Weekend Schedule

“Celebrate! Embrace the Group Conscience to Expand Our Circle of Hope”

Friday, May 14, 2010

1:00 p.m. to 9:00 p.m. Registration

6:00 p.m. to 7:00 p.m. Welcome Meeting – Teton North

8:00 p.m. to 9:00 p.m. Candlelight Meeting – Teton South

Moved to Sat 8 a.m.

G.R. Exchange (GRs Attend)

- Hosted by Laura F. – Alternate Delegate

Moved to Sat 8 a.m.

D.R. Exchange (Past & Present D.R.s)

- Hosted by Cecilia S. - Area Chair

Saturday, May 15, 2010

8:00 a.m. to 6:00 p.m. Registration

8:00 a.m. to 8:50 a.m. G.R. Exchange (GRs Attend) – Teton North

- Hosted by Laura F. – Alternate Delegate

8:00 a.m. to 8:50 a.m. D.R. Exchange (Past & Present DRs Attend) – Teton South

- Hosted by Cecilia S. - Area Chair

9:00 a.m. to 11:00 a.m. Al-Anon Business Meeting (GRs Attend) – Teton North Room

- District Reports
- Delegate Report
- “On Our Own Assemblies” Discussion

11:30 a.m. to 1:30 p.m. Al-Anon Luncheon & Speaker – Caribou & Teton

- Luncheon Speaker: Linda B. from Boise, Idaho

2:00 p.m. to 4:30 p.m. Al-Anon Business Meeting (GRs Attend) – Teton North

- Secretary Report
- Treasurer Report
- Hot Topic Breakout Sessions
- Coordinator Reports
- Old Business
- New Business

7:00 p.m. to 9:00 p.m. AA Banquet and Speaker’s Meeting – Ball Room

- Banquet Speaker: **Jo Anne L. from Winnipeg, Manitoba, Canada**

9:00 p.m. to ? Dance – Caribou & Teton

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**2:00 p.m. to 3:00 p.m. Open Al-Anon Meeting – Tools of the Program: Our Path to Serenity Teton South**

**3:00 p.m. to 4:00 p.m. Open Al-Anon Meeting –Practicing These Principles: Our Path to Unity Teton South**

**Sunday, May 16, 2010**

**8:00 a.m. to 8:45 p.m. Morning Meditation – Finding a Quiet Place Within Our Souls Teton South**

**9:00 a.m. to 12:00 p.m. AA Breakfast & Spiritual Speaker – Bannock, Bonneville & Caribou**

- Spiritual Speaker: **Brian M. from Idaho Falls, Idaho**

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## Delegate's Report

Good Morning.... As I think about who I am.....I can say.....

I am a wife, a mother, a grandmother to 11, a sister, a daughter, a supervisor in a lumber mill, .....however... today...I stand before you as Berta Ruark.... A grateful recovering member of the world wide fellowship of Al-Anon Family groups! And I am very proud to serve you as Idaho's delegate... panel 48. You know when we were kids and we always said "are we there yet?".... And in a three year term it seems we say "are we done yet?"!!! And amazing isn't it.... The 3<sup>rd</sup> year of this term is already almost half over... it now it seems it went by pretty fast....

March 5, 6, 7<sup>th</sup>... I attended the NWRD meeting in Anchorage. I met the new delegates from Washington, Oregon and Montana. I facilitated a workshop on what was personal value did each participant bring to the meeting, what was most valuable to take with them and to whom should it be communicated and how especially when the electronic world has opened a whole new way of communicating. This was a personal growth trip for me that I hope I am able to give back to the fellowship in the same way it was given to me...I received a gentle kind reminder from my the God of my understanding. This year I will be participating on a task force to create guidelines for rotation of this event. The next NWRD meeting will be in Minot, North Dakota, March 25-27, 2011. The 2012 Delegates meeting will be in Idaho.

April - Took me to Virginia beach this year was the 50<sup>th</sup> Anniversary of the World Service Conference.....Saturday afternoon was registration for the conference and the first look at the hospitality room where the mail is delivered and love gifts are displayed and the beginning of the shopping frenzy! THANK YOU to each one of you that prayed for me, sent me a note or signed a card, sent love gifts for the Delegates, ..... those tokens of love from you mean the world to me... I can't tell you what it means to get a note from home. ....

The Selected Committees, task forces and thought forces met to finalize presentations to be given at the conference.

For me, this year's conference brought mixed emotions .... The thought force I participated in (How to incorporate young people in to Al-Anon where no Alateen exists) came to an end when we gave our final presentation to the conference, recommending our ideas (we were the thinkers) be used by a task force (the doers) to create additional information for our service manual, literature for public outreach and other guidelines. This process follows our rotation of service as well. I volunteered to be a mentor to a new delegate and my higher power placed me with the new delegate from Phoenix Arizona. This was a wonderful opportunity and you know our Higher Power is so amazing as he places people in our lives. Prior to conference, I was asked by WSO to be responsible for finding a conference member to chair each of the 6 a.m. Al-Anon meetings, and my other task during the conference was to take the notes on one of the chosen Agenda items and give a recap to the conference at the end of the presentation. Sunday evening the conference officially started and we hit the ground running on Monday morning as we formed the largest group conscience and resumed the conference conversation that has been ongoing for 50 years we reviewed the Knowledge based decision making process and it's four essential elements: **open communication, dialogue before deliberation, all decision makers will have common access to full information, we exist in a culture of trust.**

We had 3 guests this year: one from New Zealand, one from Mexico and the Southeast Regional Trustee from Alcoholics Anonymous.

Diversity was a big topic of interest this year. A presentation was given by an academic lecturer from Stony Brook University in New York on cultural diversity. The last membership survey revealed that the largest portion of our membership is comprised of 56 year old Caucasian females.

TEAM (together empowering al-anon members) if you remember last year we had a little skit on the TEAM and each District was given a packet regarding the process. Prior to conference we were asked to send question to WSO in advance regarding the process and in doing so task force was created to develop a presentation to the conference so all members would get consistent information. There have been 6 TEAM events scheduled so far and have had great success. The next TEAM event near us is in Utah June 25-27. I hope that we will do this one day.... As I received my certificate at the closing dinner Rick said to me.... I still want to come to Idaho to do the concepts workshop.... Let's put a TEAM event on our "TO DO" List.

Our service manual will be printed again this year. We spent a lot of time reviewing suggested changes from the Policy Committee. There will be a new Alateen section in this printing.

During our financial discussion it was said that we budget for 1,500,000 in contribution and seem to fall short of that in the actual contribution. The Finance chairman told us that if each Al-Anon member gave \$1.80 more this year than they did last year, we would make that goal of 1,500,000. So that comes out to .45 per quarter more than you gave last year. **Remember** when you send in a **group** donation to the World Service Office or our area... please put your group # on the check if you are sending in donations from individuals or personal donations write that on the check as well... last years summary showed total U.S. / Canada groups 15,595... of that 8,950 groups contributed that is 57.39 % and the average donation was \$100.97 the estimated cost of services provided is \$3,752,172 which makes the average cost of services per group \$240.60. For Idaho the printout shows in 2009 63.6 % of our groups donated to WSO and the average donation was 65.94.

Property ownership discussion: The WSO building fund is now paid off. In 1994 the WSC voted to purchase property on a 15 year trial basis. In 1996 the 15 year trial of property ownership began with occupancy of the building. On the wall of the conference this year were 4 large pieces of paper with the following questions: How has the ownership of property enhanced or distracted the WSO from serving the fellowship? How has the ownership of property improved or harmed the financial affairs of the fellowship? How has the ownership of property complied with or opposed the spirit and letter of the 1994 WSC motion? What positive or negative impact has the ownership of property had on the fellowship? Anyone who wanted to answer or make comments did so throughout the week. During the presentation one of the comments made was that a building is just a structure it is the people that make it home.... And when we talk about Tradition 6 and property ownership to remember that we are not an outside enterprise. Next years conference will have a vote to: 1. End the trial and keep the building, 2. End the trial and sell the building or 3. Continue the trial.

We had a thought force presentation on the **Current Conference Structure**. I believe this is the beginning of a LONG conversation. This has to do with geographical size, number of groups, how many delegates, size of the conference.....

We had 3 leadership workshops throughout the week. 1. Embrace the group Conscience, 2. Responsibility as a Conference Member to Expand our Circle of Hope, 3. Diversity – understanding Ourselves and others.

Also, each year before conference the members are asked to submit topics along with the background information that they would like to have discussed on the conference floor. The members vote on them prior to attending the WSC. One of the most informative lively discussions that seemed to have touched the hearts of all conference members was participation in service... The question was What do we do when members holding service positions are unable to effectively do the tasks of the position, and these deficits are negatively impacting the Area and potentially Al-Anon as a whole? How do we balance "being willing to serve" and possessing "necessary skills and talents" to be effective? This combined with "How can we get "new people" (defined as current and longtime Al-Anon members, as well as newcomers)

interested in service and to become willing to commit to service positions at the group, district and Area Levels. This discussion was carried on at breaks, during meal times.... It truly proved to be a common thread of concern from each area..... we discussed the barriers and solutions. I think this would be a worthwhile workshop for all of us. I learned that "Service is the rent we pay for recovery"!

My last task (that I know of anyway) is I am the Northwest Regional Chair for gathering and tallying the information for the Northwest Regional Trustee applications. There is an application and instructions in each districts mail box for the qualification and selection process.

Next year the conference will be held in Virginia Beach and the weekend following the end of the conference will be a celebration of the 60<sup>th</sup> Anniversary of Al-Anon Family Groups. And Remember in July 2013 Al-Anon International is in Vancouver BC. And still to come this year is an Al-Anon participation happening at the international AA convention in San Antonio, Texas in July.

This year's theme for the WSC was "CELEBRATE" Embrace the group conscience to expand our circle of HOPE.....At first I thought.... What does that mean....then after a time of reflection ... I started to think about all we have.... We have many things to celebrate here in Idaho.... We celebrate our individual recovery and the recovery of our groups, our districts and area as a whole. We celebrate tradition 2 a loving God as HE may express Himself in our group conscience. We celebrate our expanding circle of hope as we trust the group conscience while learning to take full responsibility for our assembly business meetings, we celebrate we are in a room that is governed by a power greater than ourselves and we celebrate that we willingly encourage anyone anywhere to join hands with us to expand our circle of hope.... Being here in recovery is cause to celebrate. Living in the solution is cause to celebrate; so I ask you today.... what are you celebrating..... what is in your circle of hope? Remember to make your circle of love and hope big enough to always make room for one more at the table..... respect our differences and remember equality.

With Love in Service,

Berta Ruark  
Panel 48  
Idaho

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# Treasurer Report

2010 Spring Assembly– May 15, 2010

## 2010 Financials

All financial statements are year-to-date as of May 15, 2010.

### Account Balances (see report on page 13)

Total net worth is \$9,995.57. \$2,419.73 is in checking and \$7,573.84 is in savings.

The “Seed Money and Deposits” account has \$2.00 for the post office keys. No Al-Anon Day seed money has been paid for 2010.

There will be an asset account created to hold Assembly seed money so a District can have up-front money to prepare for the Assembly.

### Profit & Loss (see report on page 14)

#### **Income \$1,103.64**

Thank you to the districts and groups who donated.

District 3 donated \$250

District 7 donated \$25

Groups donated \$823.98.

#### **Expenses \$1,794.89**

|         |                                                                      |
|---------|----------------------------------------------------------------------|
| -174.00 | Spring Assembly registrations for 4 Committee members                |
| -581.52 | March AWSC meeting includes airfare, hotel, and meals                |
| -58.91  | Archives Coordinator expense for binders and postage                 |
| -13.57  | Treasurer expenses for AWSC meeting copies                           |
| -966.89 | Our delegate’s expenses to attend the NWR Delegate meeting in Alaska |

#### **Net Income of -\$691.25**

### Group Donations (see page 15)

The Group Donations report is listed by District and then group number.

Year to date donations from the groups is \$823.98 (this matches the P&L)

Please thank your groups for their continued support. The group donation receipts are in the DR’s mail folder.

If a group’s donation is missing or incorrect, please let me know.

### **Budget Notes** (see page 16 for the budget report)

The 2010 Budget is included for your viewing pleasure. Actual expenses are included for

#### **AWSC Meetings**

2558.51 2009 actual for Assemblies in Idaho Falls and Sun Valley

2,200.00 2010 budget for Assemblies in Pocatello and Boise

1,293.31 2009 Area Meetings  
1,300.00 2010 budget for Area Meetings

### **Coordinators**

Newsletter - \$75 for copies not obtained from Website. This line item will show actual expenses for the Newsletter and will not show any money held by the Newsletter Editor; that amount was moved to the Asset Account on the Account Balances report.

### **Officers**

Delegate's expenses are higher than other officers because they are allowed to travel to other Districts

#### Alternate Delegate

50.00 Increase from \$20 to reflect actual copying expenses for the GR exchange.  
The handout is valuable long after an Assembly so worth printing

#### Treasurer - projected costs

60.00 Copies  
7.50 Receipt Book  
8.80 Book of 20 stamps; any remaining will go to next treasurer  
Quicken 2010 Deluxe; it does not have investments like Premier. I use my personal copy of Quicken 2009. Area owns Quicken 2005 so a new Treasurer needs a newer version because you can't go backwards from my 2009 to 2005.  
60.00  
136.30 Budget \$135 for 2010

### **Assembly Literature**

Leave the same

### **Background Checks**

Budget \$125 as requested by the Area Alateen Coordinator for 2009

### **Bank Charges**

There is an annual charge of \$12.00 for the debit card but it was waived in 2009. Leave it in 2010 in case it is owed. May have to purchase checks depending on how many checks are written from now until the end of the year.

### **Equalizer Expenses**

WSC will be in New York in 2011 so the expense is higher than when it meets in Virginia  
The 2011 expense is paid in 2010 so it is in this year's budget  
2,056.95 This is 5% increase from 2007 actual (for the 2008 WSC)  
2,060.00 Round up for 2010 budget

### **Financial Review**

Budget 0 since I already had a review for my term

### **NWR Delegate Meeting**

3 attended in 2008; Delegate, Alternate Delegate, and Past Delegate  
2010 was in Anchorage, Alaska for the Delegate  
755.51 Airfare and early registration  
100.00 Registration and meals  
0.00 Hotel

0.00 Driving two days, fuel, meals, miscellaneous  
1,000.00 Budgeted \$900 for hotel and other expenses this amount

### **PO Box Rental**

24.00 Six months rental Nov 2010 through April 2011 so I can finish the year  
44.00 New treasurer PO Box  
68.00

### **Public Outreach**

The Area Committee voted to lower this amount to \$150 at the 3/22/08 meeting. We did not pay anything in 2008 or 2009

### **Spanish Hotline**

Budget \$50 for 2010 to pay for minutes through December 2011. The \$100 paid in 2009 was for 2008 and 2009.

### **Website Domain Name**

Budget 0 for 2010, then \$29.95 for two years in 2012 payable in January 2012

### **Website Hosting**

Budget 0 for 2010  
Budget 166.80 for two years in 2012; will be paid next time in January 2012

### **AI-Anon Day**

This \$150 is budgeted if we need to pay seed money in 2010; so far not needed

**2010 Account Balances**  
**Al-Anon Area 13**  
 May 15, 2010

|                                         | <b>Totals</b>     |
|-----------------------------------------|-------------------|
| <b>Bank Accounts</b>                    |                   |
| Checking                                | 2,419.73          |
| Savings <sup>(1)</sup>                  | 7,573.84          |
| TOTAL Bank Accounts                     | 9,993.57          |
| <br><b>Cash Accounts</b>                |                   |
| Cash Account                            | 0.00              |
| TOTAL Cash Accounts                     | 0.00              |
| <br><b>Asset Accounts<sup>(2)</sup></b> |                   |
| Newsletter Reserve                      | 0.00              |
| Seed Money and Deposits                 | 2.00              |
| TOTAL Asset Accounts                    | 2.00              |
| <b>Net Worth</b>                        | <b>\$9,995.57</b> |

**Footnotes**

- <sup>1</sup> The savings account earns interest. Money sits here until it is needed for the checking account to pay invoices.
  
- <sup>2</sup> These are assets because we eventually get this money back. Newsletter Reserve gives visibility to the money given to the Newsletter Editor until it is expensed.  
 \$2 deposit on Post Office box keys  
 There will be an entry here when Assembly seed money is provided

**2010 YTD Profit and Loss**  
**AI-Anon Area 13**  
 May 15, 2010

|                       | Details | SubTotal | Total     |
|-----------------------|---------|----------|-----------|
| <b>Income</b>         |         |          |           |
| Donations             |         | 1,098.98 |           |
| District 3            | 250.00  |          |           |
| District 7            | 25.00   |          |           |
| Group                 | 823.98  |          |           |
| Interest              |         | 4.66     |           |
| <b>Total Income</b>   |         |          | 1,103.64  |
| <b>Expenses</b>       |         |          |           |
| AWSC Meeting Expenses |         | -755.52  |           |
| Assemblies            | -174.00 |          |           |
| Committee Meetings    | -581.52 |          |           |
| Coordinators          |         | -58.91   |           |
| Archives              | -58.91  |          |           |
| Officers              |         | -13.57   |           |
| Treasurer             | -13.57  |          |           |
| Operating Expenses    |         | -966.89  |           |
| NWR Delegate Meeting  | -966.89 |          |           |
| <b>Total Expenses</b> |         |          | -1,794.89 |
| <b>Net Income</b>     |         |          | -691.25   |

## 2010 YTD Group Donations

### Al-Anon Area 13

May 15, 2010

|                   | <b>Group</b>                    | <b>Donation</b> |
|-------------------|---------------------------------|-----------------|
| <b>District 1</b> | 30528834 Serenity Seekers       | 16.15           |
|                   | 31958 Serenity Matters          | 23.74           |
|                   | 62434 Friday Noon AFG           | 49.00           |
|                   | 65487 From Insanity To Serenity | 35.00           |
| <b>District 2</b> | 3384 Kendrick AFG               | 25.00           |
|                   | 3394 Moscow AFG                 | 50.00           |
|                   | 48023 Wed Night                 | 20.36           |
| <b>District 3</b> | 3345 Steps To Serenity          | 21.98           |
|                   | 500569 Fri Night Fireside       | 5.00            |
|                   | 502539 Thu Eagle Noon           | 83.80           |
|                   | 502795 Friday Noon Five Mile    | 25.41           |
|                   | 504118 Wed Collister            | 30.00           |
|                   | 61227 Mon/Wed Noon              | 57.00           |
|                   | 62315 Sunday Early Birds        | 96.54           |
| <b>District 4</b> | 24707 Filer Tue Night           | 70.00           |
|                   | 35113 Fri Buhl Serenity Seekers | 30.00           |
| <b>District 5</b> | 30788 Friday Out To Lunch AFG   | 37.00           |
|                   | 36305 Turn Around AFG           | 30.00           |
| <b>District 6</b> | 503388 Just For Today           | 25.00           |
| <b>District 7</b> | 43373 Monday Beginners          | 18.00           |
|                   | 46331 Noon Serenity AFG         | 50.00           |
|                   | 62297 Safe & Sound              | 10.00           |
|                   | 63168 Just For Today            | 15.00           |
|                   | <b>Total Group Donations</b>    | <u>823.98</u>   |

**Thank you for your generous donations!**

**Al-Anon Area 13 – 2010 Budget – Approved at Spring Assembly 5/15/2010**

| Budget Item                  | 2009            | 2009            | 2008            | 2008             | 2007            | 2007            | 2006            | 2006            | 2005            |
|------------------------------|-----------------|-----------------|-----------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|                              | Actual          | Proposed        | Actual          | Proposed         | Actual          | Approved        | Actual          | Approved        | Actual          |
| <u>AWSC Meeting Expenses</u> | -               |                 | -               |                  |                 |                 |                 |                 |                 |
| Assemblies                   | 2,558.51        | 3,000.00        | 2,158.07        | 3,080.00         | 2,461.34        | 2,640.00        | 2,138.08        | 2,640.00        | 1,487.75        |
| Committee Meetings           | 1,293.31        | 900.00          | 857.55          | 1,530.00         | 544.09          | 1,100.00        | 810.25          | 1,100.00        | 769.32          |
| <u>Coordinators</u>          | -               |                 | -               |                  |                 |                 |                 |                 |                 |
| Alateen/AAPP                 |                 | 40.00           |                 | 40.00            | 16.79           | 40.00           |                 | 40.00           |                 |
| Archives                     | 112.13          | 80.00           | 45.41           | 80.00            | 85.35           | 40.00           | 63.72           | 40.00           | 15.40           |
| Forum/Literature             | -11.00          | 20.00           | 22.00           | 20.00            | 1.70            | 80.00           | 1.84            | 60.00           |                 |
| Group Records                |                 | 20.00           |                 | 20.00            | 6.75            | 40.00           | 2.04            | 40.00           | 5.24            |
| Literature Center            |                 |                 |                 |                  |                 |                 |                 |                 |                 |
| Liaison                      |                 | 20.00           |                 | 20.00            |                 | 20.00           |                 |                 |                 |
| Newsletter                   | 151.24          | 0.00            | 370.89          | 371.00           |                 | 500.00          | 250.00          | 500.00          |                 |
| Public Outreach              |                 | 40.00           |                 | 40.00            |                 | 120.00          |                 | 120.00          | 60.85           |
| Website                      |                 | 20.00           |                 | 20.00            | 76.93           | 40.00           |                 |                 |                 |
| <u>Officers</u>              | -               |                 | -               |                  |                 |                 |                 |                 |                 |
| Delegate                     |                 | 600.00          | 125.00          | 600.00           | 735.79          | 600.00          | 560.51          | 400.00          | 232.51          |
| Alternate Delegate           | 20.00           | 20.00           |                 | 20.00            |                 | 40.00           |                 | 40.00           |                 |
| Chair                        | 11.32           | 40.00           | 19.50           | 40.00            | 22.09           | 80.00           | 71.75           | 40.00           | 6.50            |
| Secretary                    |                 | 40.00           |                 | 40.00            | 19.08           | 40.00           | 5.99            | 40.00           | 17.89           |
| Treasurer                    | 74.69           | 100.00          | 96.85           | 60.00            | 96.44           | 60.00           | 48.38           | 60.00           | 213.24          |
| <u>Operating Expenses</u>    | -               |                 | -               |                  |                 |                 |                 |                 |                 |
| Assembly Literature          | 6.42            | 40.00           | 35.09           | 25.00            | 21.52           | 50.00           | 24.75           | 50.00           | 21.66           |
| Background Checks            | 61.05           | 125.00          | 122.63          | 250.00           | 75.00           | 750.00          |                 | 750.00          |                 |
| Bank Charges                 |                 | 20.00           | -31.04          | 40.00            | 81.33           | 70.00           | 14.94           | 70.00           |                 |
| Equalizer Expense            | 1,834.00        | 1,990.00        | 1,890.00        | 2,261.00         | 1,959.00        | 1,698.00        | 1,698.00        | 1,612.00        | 1,100.00        |
| Financial Review             | 100.00          | 100.00          | 100.00          | 100.00           |                 |                 |                 |                 |                 |
| NWR Delegate                 |                 |                 |                 |                  |                 |                 |                 |                 |                 |
| Meeting                      | 699.28          | 800.00          | 1,078.50        | 1,200.00         | 375.81          | 1,000.00        | 635.20          | 1,000.00        | 668.60          |
| PO Box Rental                | 44.00           | 42.00           | 42.00           | 40.00            | 40.00           |                 |                 |                 |                 |
| Public Outreach              |                 | 150.00          |                 | 150.00           |                 | 300.00          |                 |                 |                 |
| Spanish Hotline              | 100.00          | 100.00          |                 | 200.00           | 283.59          | 200.00          |                 |                 |                 |
| Website Domain Name          | 29.85           | 29.85           |                 |                  |                 |                 |                 |                 |                 |
| Website Hosting              | 166.80          | 166.80          |                 | 0.00             | 166.80          | 245.00          | 166.80          | 175.00          |                 |
| <b>Totals</b>                | <b>7,251.60</b> | <b>8,503.65</b> | <b>6,932.45</b> | <b>10,247.00</b> | <b>9,044.26</b> | <b>9,753.00</b> | <b>6,492.25</b> | <b>8,777.00</b> | <b>4,598.96</b> |
| <u>Seed Money/Deposits</u>   |                 |                 |                 |                  |                 |                 |                 |                 |                 |
| Al-Anon Day                  |                 | 150.00          | 150.00          | 150.00           |                 | 150.00          |                 | 150.00          | 237.50          |

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## Alateen Coordinator

**Vote today on updated Alateen Guidelines: Minimum Safety & Behavior Requirements for Idaho Alateens and AMIAS** (Al-Anon Members Involved in Alateen Service)—we added our current process info for certifying new AMIAS, including the background check info. Also added the Idaho State Laws on reporting Child Abuse.

One item in the old & new requirement that we are NOT doing, is under “District Responsibilities to Alateen”—have GRs vote (at district) to approve or disapprove AMIAS candidates based on whether the person is an active member of Al-Anon, is known to the district, and appears to be a good choice to work with children. This is an important fail-safe measure to prevent someone unknown or questionable from becoming certified. If possible, take a vote at District to vote in your current AMIAS.

**New Alateen Table Tents**—suggested for display in Al-Anon meetings. Good reminder that if Al-Anon has helped you, maybe Alateen would help your kids.

**Alateen Sponsor Training 2010**—Aug 27-29 in Harrison, ID, on Lake Coeur d’Alene. The Washington Area hosted this event last year. Six Idaho members last year. In 2011, this event will be back in the Seattle area, so take advantage of it being in Idaho. Tell all your Alateen Sponsors, or anyone who wants to know more about Alateen, to register soon. Space is limited.

**Recertify by June 1st**—Our new Recertification forms have been sent out to DRs, and to District Alateen Coordinators. I need each Alateen sponsor/ Al-Anon Member involved in Alateen service to fill out the forms and return to me no later than June 1<sup>st</sup>.

**WSO Conference Calls for Alateen Coordinators/AAPP**—I participated in a Conference Call on March 20th hosted by WSO staff. The focus was on the recertification process. There were several things mentioned that we may adopt, i.e., linking AMIAS to Alateen groups so a group is not left without a sponsor; need an Area process on how long background checks are valid & how long to hang on to records. We were reminded that someone can step down as an active sponsor and still remain on the active certified list—this gives the district access to substitute sponsors. There was also discussion about who needs the current list of certified sponsors: District Reps need it. The AIS/LDC needs it. They talked about the importance of protecting personal information, only giving it out to those who need it.

**Alateen Chat Room**—WSO is now offering Alateen Chat rooms to each area. I have requested an Idaho chat room. Please announce at Alateen meetings that this will be available soon. We need certified AMIAS to volunteer to serve as Alateen group sponsors...then a day & time will be set up for a weekly meeting.

Thank you to all our Alateen volunteers! We appreciate you.

Love in Service,  
Ruth Blaha  
Idaho Area Alateen Coordinator/Area Process Person

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## Archives

Our 4 person “Archive Committee” – Ladora, Laura, Ruth and Robbin - has met several times over the winter, inventorying all the cassette tapes given to Archives. Some are our own Al-Anon speakers at Assemblies, some are of Outside Idaho events, some are from WSO.

I have contacted all the known Archive Coordinators with the U.S. and Canada, offering our extra Inside Al-Anon, Institutions, Area Highlights, and Forums, trying to cut down on extra inventory. It’s slow, but it has been interesting to hear what other Archive Coordinators are doing. And a few have asked for issues of publications that would help them.

The other good news is that Archives in Montana sent some Forums we needed. So, I have a revised list of Forums we need. (Attached)

Chairman of Al-Anon Day has asked for Archives to be brought – so you will see more there – something different than today’s.

The following issues of the Forum will help Area 13 Archives. We are in need of:

1962 – January, August

All of 1963, 1964, 1965, 1966, 1967

1968 – January, February, March, April, June, July, August, October, November

All of 1969

1970 – March, April, August, September

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## Literature Center Liaison

Board: we have two new board members, including myself (Mike Penny) and treasurer (Barb Day). We are extremely grateful to Toni Roberts for all she’s done as treasurer and more (including getting the updated pc, software, budget planning, monthly, quarterly, and annual reports, taxes, etc.) and for sticking on until new treasurer identified and transitioned. Marje Kennedy is the current Chair and Toni R switched to Secretary, and we are in the process of getting our final board member addition approved. Office manager: hired last year (Jenny Horton) who is working out very well.

Operations: Toni R, as both Treasurer and tech wizard, has done a great deal to improve lit center efficiency through office automation (incl. Quickbooks 2010) and we’ve also improved operating efficiency thru inventory / cost mgmt (such as large lot purchases = lower cost to us). The Lit Center is in the early stages of implementing inventory management in Quickbooks (instead of excel) and next would be to investigate the possibility of bar code scanning and web sales. It's a modern office, operating like a well-oiled machine.

Other notes: we sold the mountain of chairs. As a reminder of new order policy: payment must be received before fulfilling orders, so please send payments with your orders. Also, at assemblies and other events, we will only bring a limited supply of literature and cannot take pre-orders; can buy from the supply brought to the event or we can take orders at the event which will be taken back to the office and fulfilled that week.

Any questions, concerns, let me know.  
Mike

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## Public Outreach

I am sending out information as I receive it from WSO. Currently I have sent out information of a newsletter to be put into your papers and a letter as how to do it.. I also sent out a White Buffalo memo to Velay, as it is in Fort Hall ( District 5). I attended a conference call recently and had a few idea's for you to try.. Putting your Al-Anon contact phone number in the Churches directory and their news bulletin. You could do this also in the schools on their bulletin board, or any where there is a bulletin board.

If the Districts would e-mail me their PO person, and their contact information I could work with them and the DR..

Another thought is having Action meetings in your District. Workshops are good also and District projects..

We have 600 Spanish meetings reregistered in WSO.

Love in Service

Wanda

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## Website

### Events

Districts continue to submit their events to be posted on the website. Visit this webpage to find directions, review agendas, and print event flyers.

### Newsletter Distribution

There are 98 members signed up to receive the electronic newsletter.

### District Meetings

District meeting schedules are posted on the website whenever I receive them. I get the schedules directly from a District or through the Area Records Coordinator.

### Electronic Meetings

#### Podcasts

WSO podcasts are now linked from the meetings webpage.

#### Electronic and Phone Meetings

Telephone meetings and other electronic meetings are now [linked](#) from the website. The meeting list is maintained by WSO and all meetings are registered. I obtained permission to use the link to these meetings from Sharon at WSO on 4/2/2009.

## Hard Copy

There is a link to WSO where you can enter your email address to receive a [hard copy](#) of all electronic meetings. Enter your email address and click on Submit to Al-Anon.

Respectfully submitted,

Toni R.

Website Coordinator

[webinquiry@al-anon-idaho.org](mailto:webinquiry@al-anon-idaho.org)

[www.al-anon-idaho.org](http://www.al-anon-idaho.org)

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## District 1

We were looking forward to a great weekend in Idaho Falls.

We had 6 Group Representatives, 1 District Representative and 2 Area members that tried to traveled from North Idaho, District 1. 2 made it. We are all safe, no one was hurt, and we had a relaxing weekend.

We are busy trying to plan some fun events. We may have a picnic this Summer. I am looking at July 25 at Quemlin Park in Post Falls. We are discussing a possible *speaker cruise on Lake Coeur d' Alene* at the end of September. We can always use help, so join us with your 2 cents. Contact Sue O for more information (208)676-1997.

We usually take at least one very fun, bike ride down the Hiawatha Trail. also. Contact me, Barbara V and I will forward info on.

We still bring outreach to the North Idaho Behavioral Health Center every 6 weeks. Barbara K, one of our Outreach coordinators organizes groups of about 4 volunteers to host a panel for the families of recovering adults. Call to be on the next panel (208)457-1811. Barbara Y. is contacting school counselors and getting alateen literature to schools in the area. Kater B. is bringing literature to Dr's and counseling offices.

Alateen is still looking for a few good members to do service as alateen sponsors. The only alateen meeting in North Idaho needs Al-Anon members with 2 years of regular attendance at Al-Anon meetings who are willing to go through a background check.

We are hoping to get 6-12 volunteers to rotate on Tuesday nights. There is a simultaneous Al-Anon meeting at the same church at 7pm. Contact Lori M (208)676-8802

Sandpoint is hosting a Potluck/Speaker meeting Saturday May 30th at their regular meeting place, First Presbyterian Church, 417 N 4th, Sandpoint, Idaho at 6:30pm

Speakers are Rick (AA) from Sandpoint, and Ralph (AFG) from Moscow. Call Gayle H if you want to know what to bring (208)610-0610.

Our next district meeting is Thursday June 18th at 5:30pm at St George's Church, 2004 N Lucas St in Post Falls. A great regular Al-Anon Meeting to follow at 7pm. We will not meet in July.

I want to thank the officers and all the Group Representatives and members who support the district. A special thanks to Kris for helping take minutes. Cudo's to Sandy B. for printing the schedules. To Sue O and Barbara K... without all of your effort there would not be a district 1.

yours in service,  
Barbara V.

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## District 2

District II had an election of new officers in October 2009. We meet every 4<sup>th</sup> Thursday of the month preceded by a Concept study meeting. Our district consists of 9 active meetings and 1 meeting in Orofino Id that has become inactive.

We held our annual Christmas pot luck fund raiser with a huge success.

Our public outreach group meets every 3<sup>rd</sup> Wed. They have distributed 200 Al anon Faces Alcoholism pamphlets throughout the communities. April is Alcohol Awareness Month and they are checking with the local newspaper to put an article in regarding Al Anon support. They are also looking at the expense in getting information about al anon through signs on benches, public transportation, or billboards. Our local newspaper has attended 2 meetings to gather information for an article on Al- Anon.

Our district is planning a 4<sup>th</sup> step workshop using the Blueprint for Progress workbook. It will be held at a cabin in the woods owned by one of our members this summer.

We also will be hosting our annual Salmon River campout at Pine Bar south of Cottonwood May 21<sup>st</sup> and 22<sup>nd</sup>.

Respectfully

Kathy Baerlocher  
District II

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## District 3

Hello from District 3!

As I head into my last year as District 3 Rep, I'm just so grateful for the GRs. They continue to step up and do the things that need to be done to make ours a successful District. They show up at District meetings and they participate. They decided to keep the 5-minute "education" portion of the meeting, only this year they're bringing in their own topics. Last month Robbin talked about the difference between WSO and WSC, and highlighted the Conference Summary.

Public Outreach is alive and well. Volunteers continue to go to Intermountain Hospital every month and share at Family Night. At our January planning meeting I stepped out of the room for a few minutes and when I returned almost all the months were covered. We'll be visible at the ICADD (Idaho Council on Alcohol and Drug Dependency) conference in May, and a closed meeting for inpatients at the VA Hospital began on February 22.

Event planning is in full swing. A "Service – Gratitude in Action" Mini-Conference was held in early February, and there was a Spiritual Breakfast on April 24. Some groups have come together and are planning a new Summer Social BBQ in August. And I know Diana and her committee is hard at work planning the Fall 2010 Assembly.

Love in Service,  
Traci Ehlers  
District 3 Rep

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## District 4

Happy greetings from District 4,

Our district is doing pretty good still. We have 1 Alateen meeting, 10 English and 1 Spanish meeting going in our district. We have 2 meetings that are really growing big... Wednesday Noon Group in Ketchum and Filer Tuesday Night in Filer. Both have had up to 30-35+ in attendance.

Walker Center has been going great. A few of our groups take turns going there to host the Family night meeting. I am very happy with our district for making this a great experience to the families of the Walker Center patients.

Our public outreach lady has been working hard at getting the information out to Dr. Offices, probation officers, schools, etc. and trying to get Alateen going in the schools. She has a few members helping her...together they are getting the word out about Al-Anon in our district.

Our district started a CD collection. We have CD's of talks from Lois W., Bob S. Jr., and many more. So Far we have 56 CD's. We have it available for groups to checkout and use for a meeting or Fund Raiser. I listened to a few of them and they are very good. It is awesome to listen to the stories of the ones who started it all.

We are planning a couple events for this summer. Our first one is going to be July. We are going to do a No-Bake Bake Sale. In Aug. we are planning a Al-Anon Fun Day. In September, we are going to have our Annual Spaghetti and Speaker fund raiser. We are also working on having a newcomer and public outreach workshop.

Thank you for letting me of service,

Kelley M.

-District 4 Rep.

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## District 6

Dist. 6 started the year off with a Spring Fling, (fun) fund raiser. We held a pot luck and auction on April 24<sup>th</sup>. The Dist. Committee presented a panel on The Top Ten Reasons we do Service, in hopes to encourage others to get into service as there will be a change in officers for us at the end of the year. We had a great turn out and the district replenished it funds from the generous contributions from our faithful members.

As a District Representative it is my goal for this year to promote service throughout the district. We have some great potential and some very qualified people that would be great in carrying on the work of Al-anon.

We have had another exciting opportunity as a District, as you know next year will be the start of Al-anon hosting it's own Assembly, therefore our participation at the AA Assembly will change. However, our District has been invited by the Area 18 AA assembly planning committee to share in the planning of the upcoming 2011 Spring Assembly being held in Idaho Falls. We attended our first meeting in April and are all excited about the new opportunity before us.

As of now we have 5 meeting in Idaho Falls and 1 Al-ateen, 1 meeting in Salmon, 1 in Ashton, 2 in Blackfoot, and we just learned of a meeting being held in Driggs twice a month. They all seem to have a variety of membership, both newcomers and old timers, but most of all great recovery.

We are still having our District Meeting on the 3<sup>rd</sup> Sunday of the month at the Shilo Inn in Idaho Falls, with our Speaker Lunch following, we have a great amount of experience, strength and hope that is shared each month at this function. We would invite anyone who could stop by to do so. It is held at 11:00 am, in the Templeview Room.

Respectfully Submitted  
Terrie O.  
District 6

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## District 7

Wow, put your higher power to work and miracles happen. I had been wasting my time worrying what would happen when this year drew to a close because it is the 3<sup>rd</sup> year of my DR term and I had decided it was time to try something different. But who would take my place? How could I leave them without someone? Somewhere in my agonizing I determined it would be an issue I could turn over to my Higher Power. There's a certain peace I achieve when something is the right thing to do and there it was. I stopped the hopeless worrying. I started the peaceful inner certainty; the knowing it would be taken care of and now I have **two** people who have shown some interest. Miracles!....in everyday, ordinary life.

Our latest project has been Al-Anon Day and I have flyers and assignments for all of you. This is possibly the last of them and we want it to be one to remember! For me personally it has been a careful reminder of Tradition two: Our leaders are but trusted servants- they do not govern. We have been working one step at a time and the plan emerges as fun and thoughtful and energizing. Come and see for yourself.

Even our Delegate gifts, achieved through careful deliberations in two languages, but just one of the heart, are a triumph. One of our newest Spanish speaking members told us through an interpreter that the paragraph about fear from our *Just For Today, (Solo Por Hoy)* pamphlet, helped her in her recovery.

We have a new group in Cambridge, ID; Just for Today AFG. We meet Thursdays at 8PM at the Seventh Day Adventist Church, on Hwy 95 just south of town. We have 3 of us with some Al-Anon experience and 4 newcomers. We have been focusing on the first step; both the powerlessness and the insanity of life with the effects of alcoholism. It has been very good for all of us.

What a journey these three years have been! Thank you all for your help and support.

Kathy Bosler  
District Representative for District 7